



The Arts Centre
Cedar Hill Recreation Centre

Performing Arts Instructors

Dance, Music, Theatre



Joe and Cindy Archer Dance

Joe Archer has been teaching dance for over 30 years. He is a former school teacher and has 10 years training in music. Cindy Archer has been teaching for more than 11 years. Her aim is to teach low impact dance routines that anyone can do to achieve a fantastic physical and mental workout. Joe and Cindy have both completed certification as Social Line Dance Instructors and have joined the Nuline Dance organization to promote the use of many genres of music to make line dancing fun and an outstanding form of exercise.



ArtsCalibre Academy: Sandra Walton Dance

Sandra has been teaching children and youth since her early teens. She holds a B.Ed degree specializing in Music, Movement and Physical Education, a M.Ed degree in Curriculum and Instruction, and an Early Childhood Ed. Certificate. Sandra also completed her Royal Conservatory of Music program in piano and her teaching certificate in dance from the United Kingdom Alliance of Professional Teachers of Dancing (UKAPTD). She has taught Music, Dance, Drama, Leadership, and Career and Personal Planning in the Edmonton and Greater Victoria Public School Districts. For 10 years, she taught these subjects at Oak Bay and Reynolds High Schools. In recent years she has choreographed many outstanding musical productions for schools and arts organizations. Sandra loves to share her love of dance and continues to teach dance with ArtsCalibre Preschool.



Joanne Cuffe, Creative Momentum Dance and Creative Movement

Joanne Cuffe facilitates dance with 15 local communities, with ages 4-103+. She aims to offer inclusive classes that are welcoming of people with diverse abilities, people who are 50yrs+, and people who think they have two left feet. Joanne has been teaching dance since 2003 and has a Master's of Education in Adult Education. She has been studying dance for 25 years; she has trained in dance improvisation with dozens of teachers, including Margie Gillis, Crystal Pite, and Dance Ability International, and in contemporary modern and numerous styles of dance.



Allison Frith

Dance

Allison has been dancing since the age of five, taking classes in ballet, jazz, modern, and tap. Her training has included successful completion of RAD Ballet and ISTD Modern Theatre examinations at the Intermediate level. Allison has performed extensively in local shows and Festivals, including Alberta Ballet's production of the Nutcracker, and works by modern choreographer Nicole McSkimming. Allison has been teaching classes for Wendy Steen Mitchell Dance and Cedar Hill Recreation Centre for over 10 years, and her dances have won awards at both the Greater Victoria Performing Arts Festival and the DanceWorks Festival. Allison holds a Bachelor of Science degree in Kinesiology.



Krysta Gmitroski

Dance

Krysta Gmitroski has been a dancer for 18 years, and has experience in ballet, jazz, lyrical, hip-hop, modern and contemporary styles of dance. Specializing in jazz and lyrical styles, Krysta now loves to pass on her love for dance to young dancers.



Jenna Holmes

Dance

Jenna began her dance career through Cedar Hill Recreation Centre at the age of four. She advanced to Pacific Dance Centre where she trained intensively in ballet for eleven years. She has extensive performing experience, having taken part in the Greater Victoria Performing Arts Festival and Galas for many years, as well as a variety of studio recitals. During university, Jenna began dancing in the adult ballet class at Cedar Hill, and now is pleased to have the opportunity to teach it. Jenna also teaches and volunteers in an assortment of other classes and loves passing on her knowledge of dance to people of all ages.



Kaleidoscope Theatre: Alexander Ferguson

Theatre

Alexander has been on stage since age 10. He acted at Oak Bay High School, with local community theatres, and at the University of Victoria (BFA in theatre - acting specialization). During university, Alexander spent a summer performing in the Charlottetown Festival's young company. Following university, he was an acting apprentice at the Chemainus Theatre Festival. Now sharing his time between Vancouver and Victoria, he works as an actor with Savage God Theatre Company, Applause! Musicals Society, Footlight Theatre Company, Theatre SKAM, Kaleidoscope Theatre, and Chemainus Theatre Festival.



Nick Stecz

Music

An avid teacher & studio musician, Nick Stecz also tours internationally with Folk-Americana troubador Leeroy Stagger. His unique approach to drumming has given him the opportunity to work with Daniel Huscroft, JJ Shiplett, Hannah Georgas, Wanting, Colleen Brown, Dave Vertesi, Nat Jay, and producer/engineer Winston Hauschild, among many other artists on Canadian airwaves. A Queen's University grad, Nick has taught drums for 15 years in both private & group settings. His dynamic teaching philosophy includes a happy balance of technique within rudiments, groove & interdependence around the kit while putting it all together within song-study. He teaches all styles on drum kit, musical group activity, drumline & hand percussion.
