# Project Background



Saanich Council recognizes there is a strong demand for outdoor youth recreation in Saanich and is committed to building this youth park which is a crucial component of Saanich's Youth Development Strategy (2016-2020).

Their support provides an opportunity to provide a dedicated facility for our youth to engage in healthy, active pursuits.

The partnership with BC Hydro allows a unique way to provide a youth park without the need to purchase or use existing park space elsewhere.

### What is a Bike Skills Park?

Bike Parks are an area specifically designed for Mountain Bike and BMX riders to develop and practise riding skills while in a structured, safe and managed environment.

Bike Parks are fun, challenging, and healthy places for users to exercise.

They are accessible to riders from beginner to expert level, and help foster healthy lifestyle habits in youth and adults.

A Bike Park may feature pump tracks, skills courses, jumps, trails and other features.

These features range from small to large, allowing riders to develop skills progressively from toddlers on a run-bike, through to an adult on a mountain bike or BMX.

## Why a Bike Skills Park?



Bike Parks provide the opportunity for riders of all levels and experience to develop expertise in a range of skills. From general bike handling, braking, balance, turning to more advanced skills such as pumping, jumping, hops and drops.

Features can be constructed from locally available materials such as dirt, wood, rocks or products such as asphalt or engineered lumber. The purpose of these Bike Skills Parks is to create a fun, progressive skill building environment, which riders visit repeatedly to work on their skills, overcome obstacles and improve their riding abilities.

Cycling assists in the protection of environmental corridors, creates awareness of protecting natural areas, contributes to healthy lifestyles, reduces motorized vehicle use and is a positive outlet for all ages in both recreational and competitive disciplines.

# Tripp Station Youth Bike Skills Park

## How is the Park designed?

Bike Skill Parks can come in a variety of shapes and sizes dependant upon the location, user group and budget. They all share a common theme; making progressive learning environments accessible to riders of all ages.

The Bike Skills Park will feature a variety of technical features and skill building loops situated in a park like setting, along with viewing, rest and picnic facilities. The parks focus is on accommodating a wide range of ability levels as well as providing opportunities for skill building on progressively difficult challenges.

The amenity is designed to be inclusive, accessible, sustainable and appeal to a wide range of riders and riding styles. The design considers rider progression, maintenance, safety and changes within the sport.

#### What are the benefits?

They are a family friendly environment, creating an access point to a non traditional amenity option. The Bike Park will serve the whole community, providing a fun, safe, free, healthy, active recreation amenity. It will be suitable for all ages and abilities.

- +access to a free for use public amenity space
- + health & wellness
- +controlled & safe skill building environment
- +engaging for all ages
- + family friendly activity space
- +social interaction
- +community engagement



