



Skating

Registered Programs - Jan / Feb

	Time	Session 1	Session 2
Mondays	9:00 - 10:00am	Jan 4 - 25	Feb 1 - Mar 1
Saturdays	9:00 - 11:00am	Jan 9 - 30	Feb 6 - 27
Wednesday	4:15 - 5:45pm	Jan 6 - 27	Feb 3 - 24

School Age Lessons

6-12 yrs

School Age 1

This beginner, school age level will build your child's confidence on the ice. Skills covered include forward gliding, marching forward, making snow, falling down and getting up, and walking backwards. No parent participation.

School Age 2

This class is for children who can skate independently. Skills include: Forward sculling, one-foot forward glides, stopping, walking backwards with some glide, and two-foot half turns. Prerequisite Level 1 or Preschool 3.

School Age 3

Children will learn skills including one-foot glides on a curve, forward walking cross-cuts, backwards skating and sculling, two-foot backwards glide to one-foot and snowplow stop. Prerequisite Level 2 or Preschool 4.

School Age 4

Children will learn skills including two-foot stop, forward cross-cuts, turning forward to backwards/ backwards to forward and two-foot jumps in a glide backwards. Prerequisite Level 3.

School Age 5

Children will learn skills including backwards mohawk turns, two foot stop in both directions, one-foot jump gliding forward, fast backward/fast forward starts from back stop. Prerequisite Level 4.

School Age 6

Children will learn skills including backwards cross-cuts clockwise/counter clockwise, one-foot side stop both directions, forward inside and outside edges, tight turns with speed or two-foot spins, quick accelerations forward starts or one-foot jump forward to backwards. Prerequisite Level 5.

REGISTRATION



ONLINE with ActiveNet: [click here](#)

PHONE any of our centres

IN PERSON at all of our centres

How to find specific Activities Online:

Go [ONLINE](#) and then filter by the start date or search the name of the program to get all classes for that level

Preschool Lessons

3-5yrs

Stepping up to Skating

30mths-5yrs

This is the perfect stepping stone to independent skating. Children and their caregiver both go on the ice with the goal of skaters learning to stay with the instructor independently. This course is in replace of Preschool 1.

Preschool 2

This class is for children who can skate 100% independently. Skills include: gliding, two-foot jumps, making snow and walking backwards. Prerequisite Preschool 1 or Stepping Up. No parent participation.

Preschool 3

In this level skaters will learn, V-pushes, one foot gliding, two foot jump while gliding, walking backwards with some glide, two foot quarter-turns on the spot and stopping. Prerequisite Preschool 2. No parent participation.

Preschool 4

In this pre-school level your child will learn two foot glides on a curve, walking cross cuts, backward sculling and backward stopping. Prerequisite Preschool 3.



Family Lessons

Enjoy some family time.... Learn to skate in this family class. Bring your family, up to 5 members and learn to skate together with an instructor. At least 1 parent must be on the ice. Max of 2 Sessions

Home Learners 5-15yrs

This program is specifically for home learners. This class is inclusive and will be tailored to the needs of the participants. Children may be divided based on age and level.

Bubble Skating Lessons

Skating Lessons within your bubble! One to three participants per 30 min class. Families are required to organize all participants, and it must be the same participants each week. If skaters are unable to get up on their own, a parent must be one of the 3 participants to help assist.

Roller Skating

Skate - Learn to Roller Skate 5-12yrs

Life is more fun on 8 wheels! Come join us and learn the basics of roller skating. Roller Skate Rentals are included. Taught by Skate IA Certified Instructors
Roller Skate Victoria

44659	T	6:45 to 7:40pm	Jan 5 - 26	4/\$68
44660	T	6:45 to 7:40pm	Feb 2 - 23	4/\$68

Skate - Learn to Roller Skate 13yrs+

Life is more fun on 8 wheels! Come join us and learn the basics of roller skating. Roller Skate Rentals are included. Taught by Skate IA Certified Instructors
Roller Skate Victoria

44661	T	7:50 to 8:45pm	Jan 5 - 26	4/\$68
44662	T	7:50 to 8:45pm	Feb 2 - 23	4/\$68

Private Lessons

Learn to Skate

Custom private Learn to Skate Lessons are not available at this time due to the fact that we only have one ice surface and reduced capacity. We will advertise when we are able to start booking private Learn to Skate lessons in the future, Thank you.

Pre-Set

Male or female instructor preference taken into consideration of lesson choice. No refund or rescheduling of missed lessons. One to three participants per 30-min class. Families desiring semi-private lessons are required to organize all participants. Book online or through the front desk.

Hockey

Tot Hockey 3-6yrs

Basic hockey skills in a fun class. Prerequisite level, Pre-school 2. Full gear required.

Intro to Hockey 7-13yrs

A class for skaters interested in learning basics of hockey. You'll stick handle, pass, shoot, and scrimmage. Helmet with a face cage, shin pads and gloves mandatory. Not suggested for minor hockey players.

EDGES ON ICE

Blaine Redmond is known for his expertise in skating technique and skill analysis. Edges On Ice will enhance the performance of hockey players allowing an affordable, sustainable program for all wishing to be stronger, more successful players. Full gear required

Programs Available For

Novice, Atom, PeeWee, Bantam, Midget, Private Lessons

Leisure Assistant Pass

Our Leisure Assistant Pass supports Saanich residents with disabilities, of all ages, who require the assistance of a support person for leisure activities.

Upon presentation of the Leisure Assistant Pass (from any municipality), one support person will be given free or reduced admission. Learn more about Inclusion Services by visiting bit.ly/saanichinclusion.

FINANCIAL ASSISTANCE

Our financial assistance program L.I.F.E., Leisure Involvement For Everyone, supports individuals and families living on a low income. Additional grant opportunities are available for children and youth 3-18 years.

Contact mena.westhaver@saanich.ca for more information.