



Early Childhood

Registered Programs - Jan / Feb

PARENT & TOT

Click on the [Program Number](#) to link to the Saanich Rec Online Registration website



Music Pups: The Bear Collection

Newborn-4 yrs

Unleash your child's musical potential! Come join us for 10 weeks of fun-filled mixed-aged classes of singing, dancing, movement and instrument play designed to stimulate a lifelong understanding and enjoyment of music for children with their parents/caregivers.

Songbook & music download included, with new award-winning music by The Music Class® every session! Reduced sibling rates. Sibling rate is \$110 and those under 9 months no cost. Contact Jennifer Yuen 250.380.1189 for more info.

Saanich Commonwealth Place

Jennifer Yuen

45193	W 9:15-10am	Jan 6-Mar 10	10/\$175
44345	W 10:15-11am	Jan 6-Mar 10	10/\$175

Music Together®: Bells Song Collection

Newborn-4 yrs

Music Together® offers interactive, healthy, award-winning mixed-age classes, in a well ventilated classroom with ample space for distancing. Music & movement activities engage more areas of the young child's brain than any other one activity! Connect, sing & play with experts in the field of early childhood. Socially distanced small classes with the same pod of families each week! Come sing, play, laugh, and dance, learn, and have fun with us!

Gordon Head Recreation Centre

Music Together Victoria

42642	W 9:15-10am	Jan 13-March 10	9/\$166
42643	W 10:15-11am	Jan 13-March 10	9/\$166
42647	W 11:15-12pm	Jan 13-March 10	9/\$166
42644	F 9:15-10am	Jan 15-March 12	9/\$166
42645	F 10:15-11am	Jan 15-March 12	9/\$166
42646	F 11:15-12pm	Jan 15-March 12	9/\$166

Little Dancers

2-3 yrs

An introduction to the wonderful world of movement and music. Dancers and parent will be physically distancing during class following COVID Guidelines. Cleaning to take place before each class.

Gordon Head Recreation Centre

Samantha Avis

43088	Th 9:30-10:15am	Jan 7-Mar 11	10/\$75
43089	M 9:30-10:15am	Jan 11-Mar 8	8/\$60

Dansko Dance Studio

Dansko Staff

44398	Tu 10:10-10:40am	Jan 5-Mar 9	10/\$60
44399	Th 10:30-11:00am	Jan 7-Mar 11	10/\$60

Multi Sport: Me and My Parent

2-3 yrs

We will introduce your little one to foundational movement skills to develop physical literacy. NCCP Certified instructors will help you find strategies to teach your child basic sport skills in a fun way using games, songs and positive reinforcement. Max 10 Children Richardson Sport 16 mth-3 yrs

Gordon Head Middle School

43099	Sa 9:30-10am	Jan 9-Mar 13	9/\$99
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Gordon Head Middle School

43100	Sa 10:15-10:45am	Jan 9-Mar 13	9/\$99
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Saanich Commonwealth Place

43814	W 10:15-10:45am	Jan 13-Mar 10	9/\$99
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Soccer: Me and My Parent

2-3 yrs

This high-energy Soccer program introduces you and your child to fundamental soccer skills such as dribbling, shooting, passing and more. Our NCCP certified coaches uses games, songs and positive reinforcement in this skill based class. Max 10 Children Richardson Sport

Saanich Commonwealth Place

43817	F 10:15-10:45am	Jan 15-Mar 12	9/\$99
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DANCE / MUSIC

Ballet And Jazz 4-5 yrs

Add basic jazz technique to ballet to get the poise and grace of ballet with the high energy of jazz dance. A choreographed dance will be taught. Dancers will be physically distancing by using floor markings adhering to COVID guidelines. Cleaning to take place before each class.

Cedar Hill Recreation Centre

Theana Dening
[42832](#) Sa 1-1:45pm Jan 16-Mar 6 7/\$53

Saanich Commonwealth Place

Kelsey Webb
[43822](#) Sa 11-11:45am Jan 9-Mar 13 10/\$75

Ballet Exploration 3-5 yrs

Have you always wanted to try ballet? This class is the perfect combination of ballet fundamentals and imagination. Students will learn the basics of ballet while creating fun imagery and personal style in their movements. Westcoast Academy of Performing Arts Staff

Gordon Head Middle School

[43082](#) Sa 9:30-10:15am Jan 9 Mar 13 9/68

WAPA Studio

[43083](#) W 9-9:45am Jan 6-Mar 10 10/\$75

Creative Movement

An introduction to creative dance for boys and girls! Explore basic steps, co-ordination, imaginative movements and rhythm. A short routine will be taught in a fun and creative environment.

Cedar Hill Recreation Centre

4-5yrs

Theana Dening
[42828](#) W 9-9:45am Jan 13-Feb 24 7/\$53

Gordon Head Recreation Centre

3-5 yrs

Samantha Avis
[43091](#) Th 10:30-11:15am Jan 7-Mar 11 10/\$75

Jazz and Hip Hop Fun 3-5 yrs

Jazz and Hip Hop are fun, energetic dance genres that showcase a dancers individual style. During this class you'll be introduced to leaps, turns, isolations and all sorts of fancy footwork in a fun and entertaining class. Westcoast Academy of Performing Arts Staff

Gordon Head Middle School

[43087](#) Sa 11:30-12:15pm Jan 9-Mar 13 9/\$68

WAPA Studio

[43086](#) W 10-10:45am Jan 6-Mar 10 10/\$75

Kinder-Dance 3-4 yrs

For the child who loves to move to music. A combination of creative movement, ballet and imagination led by patient, qualified and fun dance instructors. Dancers will be physically distancing adhering to COVID guidelines. Cleaning to take place before each class.

Saanich Commonwealth Place

Kelsey Webb

[43825](#) Sa 10:15-10:45am Jan 9-Mar 13 10/\$60

Tap, Jazz And Ballet Combo 3-5 yrs

Introduce your youngster to the sounds and rhythms of tap while at the same time working on basic positions, posture and alignment of ballet and ending with the lively energy of jazz dance. Dancers will be physically distancing by using floor markings adhering to COVID guidelines. Cleaning to take place before each class.

Dansko Dance Studio

Dansko Staff

3-4 yrs

[44400](#) Tu 9:15-10am Jan 5-Mar 9 10/\$75

4-5 yrs

[44401](#) Tu 10:50-11:35am Jan 5-Mar 9 10/\$75

Tiny Tutus And Tights 3-5 yrs

Explore basic steps, co-ordination, imaginative movements and rhythm. A short dance will be taught in a fun and creative environment. Dancers will be physically distancing adhering to COVID guidelines. Cleaning to take place before each class.

Cedar Hill Recreation Centre

4-5 yrs

Theana Dening
[42830](#) W 10:15-11am Jan 13-Feb 24 7/\$53

Gordon Head Recreation Centre

3-5 yrs

Samantha Avis

[43090](#) M 10:30-11:15am Jan 11-Mar 8 8/\$60

Saanich Commonwealth Place

Kelsey Webb

[43827](#) Sa 9:15-10am Jan 9-Mar 13 10/\$75

[43828](#) Sa 1-1:45pm Jan 9-Mar 13 10/\$75

FINANCIAL ASSISTANCE

Our financial assistance program L.I.F.E., Leisure Involvement For Everyone, supports individuals and families living on a low income. Additional grant opportunities are available children and youth 3-18 years.

Contact mena.westhaver@saanich.ca for more information.

Tots Ballet Exploration 2-3 yrs

Welcome to the magical world of dance! If your toddler loves music, they will love this class. We combine creative dance and ballet to provide movements, imagery and fun for your child, all set to inspiring music. Westcoast Academy of Performing Arts Staff

Gordon Head Middle School

[43084](#) Sa 10:30-11:15am Jan 9-Mar 13 9/\$68

WAPA Studio

[43085](#) W 11-11:45am Jan 6-Mar 10 10/\$75

Piano for Preschoolers 3-5 yrs

Children will learn to find notes and play a song by the end of the course. They will also be taught to read music, play by ear and compose their own songs. Lessons are semi-private

PJ Music Studio

Gordon Head Recreation Centre

[43097](#) Th 10:45-11:15am Jan 14- Feb 25 7/\$112

Saanich Commonwealth Place

[45002](#) Su 12-12:30pm Jan 17-Feb 28 7/\$112

[45003](#) Su 12:40-1:10pm Jan 17-Feb 28 7/\$112

French for Little Learners 3-5 yrs

A wonderful opportunity for your preschooler to start to learn French. Join teacher Sophie on a French journey through songs, stories, creative playtime, crafts and circle time. Available on Wed for double the fun.

Cleaning will take place before each class.

Class size 8 max

Saanich Commonwealth Place

Sophie Suzuki

[43806](#) M 1:30-3:30pm Jan 4-Feb 22 7/\$93

[43807](#) W 1:30-3:30pm Jan 6-Feb 24 8/\$107

FUNtastic Fridays 3-5 yrs

End the week with this mixed bag of FUN. Learn about dinosaurs, play group-wide games, enjoy ooey goeey messy play, explore our friendly forest and more. We'll have gym time each week with our popular ride-on toys and climbing equipment to add to the fun. Cleaning will take place before each class. Class size 8 max.

Saanich Commonwealth Place

Michelle Dyas

[43808](#) F 9:30-11:30am Jan 8-Feb 26 8/\$107

Jumping Jamboree 3-4 yrs

Join Jo for this great introduction to the world of preschool. Enjoy fun crafts, table centres and circle time. We'll end each class with gym time on our play equipment. Cleaning will take place before each class. Class size 8 max.

Saanich Commonwealth Place

Jo Van Dyk

[43809](#) M 9:15-11am Jan 4-Feb 22 7/\$82

GENERAL INTEREST

ABC's & 123's 3-5 yrs

Is your preschooler showing an interest in learning to print letters and numbers? In this class children will learn to recognize the wonders of letters and numbers through fun explorative and creative play. Each class incorporates gym time for physical activity. This combination keeps your energetic preschooler engaged.

Saanich Commonwealth Place

Michelle Dyas

[43815](#) Th 9:20-11:20am Jan 7-Feb 25 8/\$107

Adventures in Toyland 3-5 yrs

Tired of playing with the same toys at home? This class will help stimulate your child's imagination while providing structure for creative play using our wide variety of toys. Each week join us for a new adventure complete with circle time, songs, games, artwork and time in the gym. Cleaning will take place before each class. Class size 8 max.

Saanich Commonwealth Place

Michelle Dyas

[43810](#) Tu 9:20-11:20am Jan 5-Feb 23 8/\$107



Click on the [Program Number](#) to link to the Saanich Rec Online Registration website



Mix It Up with Michelle 3-5 yrs

Enjoy different activities all packaged together in this class, including messy play, dinosaurs, painting, imagination and fantasy, science projects and art. All classes have craft and gym time. Cleaning will take place before each class. Class size 8 max.

Saanich Commonwealth Place

Michelle Dyas

[43811](#) W 9:30-11:30am Jan 6-Feb 24 8/\$107

Morning Delight 3-5 yrs

Discover different activities each week in this 'delightful' class. Candace will introduce you to magic, science experiments, creative movement, music, crafts and messy play. We'll also get active in our popular gym time. Cleaning will take place before each class. Class size 8 max.

Saanich Commonwealth Place

Candace Andrews

[43812](#) M 9:30-11:30am Jan 4-Feb 22 7/\$93

Stepping Stones 2-3 yrs

Small group setting perfect for children ready to learn some independence. We'll build, create, play and get messy. Circle time and gym time are included in this fun and nurturing class. Cleaning will take place before each class. Class size 8 max.

Saanich Commonwealth Place

Candace Andrews

[43819](#) Tu 9:15-11:15am Jan 5-Feb 23 8/\$107

[43818](#) Th 9:15-11:15am Jan 7-Feb 25 8/\$107

Super Hero and Science 3-5 yrs

It's a bird. It's a plane. It's a super hero! Come join us and have loads of fun as we discover our super hero identities and explore the wonders of science through experiments, creative play, crafts, book time, circle time and gym play. We will also play traditional games like hide and seek, sing songs and use our imaginations to release the SUPER scientist inside each one of us. Cleaning will take place before each class. Class size Max 8

Saanich Commonwealth Place

Candace Andrews

[43985](#) F 9:15-11:15am Jan 8 - Feb 26 8/\$107

Multi Sport : Me and My Coach 3-5 yrs

This program introduces foundational movement skills needed for physical literacy. Leaving competition on the sidelines this program, led by NCCP Certified instructors, uses games, songs and positive reinforcement. We will introduce and explore different sports each week.

Richardson Sport

Gordon Head Middle School

[43098](#) Sa 11-11:45am Jan 9-Mar13 9/\$117

Saanich Commonwealth Place

[43813](#) W 11-11:45am Jan 13-Mar 10 9/\$117

Soccer : Me and My Coach 3-5 yrs

This Soccer program introduces your child to fundamental skills, such as dribbling, shooting, passing, basic rules of the game, and more. Leaving competition on the sidelines, this program is led by NCCP Certified instructors using games, songs and positive reinforcement.

Richardson Sport

4-6 yrs

Gordon Head Recreation Centre

[42726](#) Tu 3:45-4:30pm Jan 5-Mar 9 10/\$130

3-5 yrs

Saanich Commonwealth Place

[43816](#) F 11-11:45am Jan 15-Mar 12 9/\$117

REGISTRATION

ONLINE with ActiveNet: [click here](#)

PHONE any of our centres

IN PERSON at all of our centres



INCLUSION SERVICES

Saanich works in partnership with the Supported Child Development (SCD) Program at Queen Alexandra Centre for Children's Health.

If your child has secured funding through SCD for 1-on-1 support, and needs assistance in a recreation program or Spring Break Camp, contact alyssa.taylor@saanich.ca for more information.

Full Year Preschool Programs for 3-5 yrs Sept 2021 - June 2022

Kiddie Capers 3-5 yrs
Saanich Commonwealth Place
 Diana Wigen

Diana Wigen and her Assistants invite you on a yearlong journey of fun, adventure and learning through play! We believe in the value of social interaction, self-development and discovery. Kiddie Capers includes a large variety of seasonal structured activities including circle time, crafts, stories as well as educational field trips, seasonal events and much more!

Our goal is to prepare your child for Kindergarten through our structured program. Kiddie Capers is proud to offer this program in both in Indoor Classroom where gym time is provided, and in our Outdoor Nature Classroom where Forest Play includes hands-on exploration, shelter building, mud kitchen, music, story-telling and more!

Your child can benefit from the Classroom Environment and the Outdoor Nature Environment! You have the option of choosing either or both!

- See schedule below for days and times
- Children need to attend a min of two days per week, but can register for up to 5 days per week.
- Children must be 3 years old as of Oct 31, 2021. Once registered, this guarantee's your spot until June 2022.
- For more information, please contact Ruth Smith 250-475-7603 ruth.smith@saanich.ca

Kiddie Capers in the Forest

44241	M	9:00am - 11:00am	Sept 13 - June 13	\$53/mo
44242	Tu	9:00am - 11:00am	Sept 14 - June 14	\$53/mo
44243	W	9:00am - 11:00am	Sept 15 - June 15	\$53/mo
44244	Th	9:00am - 11:00am	Sept 16 - June 16	\$53/mo
44245	F	9:00am - 11:00am	Sept 17 - June 17	\$53/mo

Kiddie Capers in the Classroom

(Ideal for the afternoon nappers)

44236	M	11:15am - 1:15pm	Sept 13 - June13	\$53/mo
44237	Tu	11:15am - 1:15pm	Sept 14 - June14	\$53/mo
44238	W	11:15am - 1:15pm	Sept 15 - June15	\$53/mo
44239	Th	11:15am - 1:15pm	Sept 16 - June16	\$53/mo
44240	F	11:15am - 1:15pm	Sept 17- June17	\$53/mo

Registration Starts
Sat. Feb 6th 8:00am



Kiddie Capers
Open House
Sat. Jan 30
9:00am-10:30am

All adults please wear a mask.
We will have proper COVID
protocols in place.

Full Year Preschool Programs for 3-5 yrs Sept 2021- June 2022

ECO Program (Educating Children Outside)

3-5 yrs

Children belong outside! Connecting through nature-based full year early childhood education will help foster a sense of wonder, curiosity and imagination as children experience and engage with the natural world around them. Emergent and play-based curriculum, ECO is a community partnership with Swan Lake Nature Sanctuary and CRD Regional Parks.

Elk and Beaver Lake Regional Park

Sophie Suzuki ECE

3 yrs

43373 Tu,Th 9am - 12pm Sept 14 - June 16 \$177/mo

4 yrs

43372 M,W,F 9am - 12pm Sept 13 - June 17 \$254/mo

Swan Lake Nature Sanctuary

Tammy Williams

3 yrs

43377 Tu,Th 9am - 12pm Sept 14 - June 16 \$177/mo

4 yrs

43375 M,W,F 9am - 12pm Sept 13 - June 17 \$254/mo

Exploring Our World Preschool

3-5 yrs

Come explore with us! Themes that are inspired by your child's interests, with a focus on outdoor play, stories, science, arts and crafts, music and dance. We offer a developmentally appropriate, play-based program with an emphasis on the whole child's development. This fosters growth in each child's emotional, social and physical well-being.

Gordon Head Recreation Centre

Dianne Holmes ECE

43160 M W F 9am - 12pm Sept 13 - June 10 \$206/mo

43161 Tu Th 9am - 12pm Sept 14 - June 9 \$144/mo

For more information, please contact Jen Poitras at 250-475-7113 or jen.poitras@saanich.ca

**Registration Starts
Sat. Feb 6th 8:00am**



**Open Houses for
these programs will
be held at each
location the program
is offered
Sat. Jan 23
10:00am-12:00pm**