



PARKS, RECREATION  
& COMMUNITY SERVICES

## **Swimming Pool Guidelines for Participants**

### **General Information**

- Please stay home if you are sick. If you need to assess your symptoms, please call 8-1-1 or use the BC COVID-19 Self-Assessment tool.
- Physical distancing is not optional. Those who are unable to follow the guidelines will be asked to leave the pool. Patrons must stay 6-feet or 2 metres apart from one another and staff.
- There are no refunds for your reserved time. If you are sick, please contact us before your reserved time and we will be happy to apply a credit to your account.
- Masks and face coverings that cover your nose and mouth are not allowed to be worn while you are in the water.

### **Getting Ready For Your Pool Visit**

- Please come "swim ready": dressed in your swimsuit, as this will assist us in getting you into the pool on time.
- Due to occupancy limitations, our change rooms can only accommodate a small number of people at any given time. For this reason, change room times are limited.
- Bring your own water bottle. Water fountains on the pool deck are not available.
- No lockers will be available at this time. We encourage patrons to keep personal items at a minimum. At Commonwealth Pool, you will find a laundry basket beside your lane to store personal items in. At Gordon Head Pool a cubby will be provided.
- Your registration limits you to the time slot and pool space noted on this receipt. No exceptions.

### **Arriving At The Centre**

- Only those with a reserved space will be permitted into the pool at their allocated time. Please enter the facility by the front (main) entrance no more than 10 minutes prior to your assigned swim time.

- A limited number of patrons will be permitted to use the change rooms. Staff will start directing registrations into the change rooms 10 minutes prior to the start of their swim time.

### **During Your Pool Visit**

- Everyone must wash hands when entering the pool area with soap and water for at least 20 seconds and have a quick, cleansing shower before using the pool.
- Please refrain from congregating in the water to allow for physical distancing of others.
- Patrons in need of physical assistance should receive help from a family member.
- The hot tub, sauna, steam room and Tots Pool are closed.
- Snorkels are prohibited.
- Do not spit or blow your nose in the water.
- Patrons are encouraged to bring their own pool equipment.
- Bathrooms will be available.
- Please exit the water at the end of your allotted time.

### **After Your Swim**

- Showers are limited to a quick rinse only. All personal grooming must be done at home.
- In order to accommodate all our patrons, everyone must move as quickly as possible through the change rooms.