

# EARLY CHILDHOOD PROGRAMS



Saanich  
Commonwealth  
Place

## FALL 2023



### Parent & Tot: GENERAL INTEREST

#### JUMPING JELLY BEANS 18mths-3yrs

This combo class starts with crafts, songs and group play for 45 minutes. After a snack, we move into the gym with ride-on toys and kindergym activities to let off some steam! Parent/caregiver participation required.

SAANICH COMMONWEALTH PLACE

**Joanne Van Dyk**

[102492](#) F Nov 10-Dec 15 11am-12:30pm 6/\$61

#### MUCKIN' AND MESSIN' 18mths-3yrs

Why make a mess at home? Join us for painting, gluing, glitter, marble painting, messy play, finger paints and loads of fun. We'll have playtime, circle time, songs and gym time. Parent/caregiver participation required.

SAANICH COMMONWEALTH PLACE

**Christine Lee**

**FULL** W Nov 8-Dec 20 9:30-11am 7/\$71

**Michelle Dyas**

[102550](#) Tu Nov 7-Dec 19 9:15-10:45am 7/\$71

#### PLAYTIME COMBO 18mths-3yrs

You and your little one will keep busy with fun activities and creative play. Painting, gluing, puzzles, songs, and a variety of play stations are all designed to spark your child's imagination. After snack and circle time, we move to the gym with ride-on toys and kindergym activities. Parent/caregiver participation required.

SAANICH COMMONWEALTH PLACE

**Sandra O**

[102591](#) M Nov 6-Dec 18 9:15-10:45am 6/\$61

### Parent & Tot: SPORTS

#### KINDERGYM DROP-IN 1-5yrs

Kindergym is a movement program designed for children and their caregiver to play together. Balls, hoops, ride-on toys, climbers and mats allow children to creatively explore. Staff will lead circle time at the end. Get active together for life. No more than one caregiver per child. \$3.50 per child.

SAANICH COMMONWEALTH PLACE

(Drop-in with swim option straight after kindergym \$6)

##### 1-3YRS

Tu Sep 19-Dec 19 10-10:45am

Th Sep 21-Dec 21 10-10:45am

##### 2-5YRS

Tu Sep 19-Dec 19 9:15-10am

Th Sep 21-Dec 21 9:15-10am

##### 5YRS AND UNDER (NO SWIM OPTION)

Su Sep 24-Dec 17 9:15-10am

#### MULTI SPORT - ME AND MY PARENT 2-3yrs

We will introduce your child to foundational movement skills that build physical literacy. NCCP-certified instructors will help you develop strategies to teach your child basic sport skills in a fun way using games, songs and positive reinforcement. Small group format for personalized attention. Located in the Gymnasium.

**Richardson Sport**

SAANICH COMMONWEALTH PLACE

[102585](#) W Nov 8-Dec 20 10:30-11am 7/\$83

### Register now for Fall Classes!

ONLINE [at Saanich.ca/Fall](https://www.saanich.ca/Fall)

PHONE 250-475-7600

IN PERSON at any of our  
4 Recreation Centres



PARKS, RECREATION  
& COMMUNITY SERVICES

## CHILDMINDING Up to 10yrs @ SAANICH COMMONWEALTH PLACE

Sep 19 through Dec 19, 2023

Tuesday 8:45-11:30am

Wednesday (NEW DAY) 8:45-11:30am

Thursday 8:45-11:30am

You'll like it – they'll love it! Saanich Commonwealth Place is pleased to provide offer quality childminding care in a safe, friendly and fun environment.

- Infants to 10 years
- Parents/guardians must be on the premises while your child receives care
- Not available on Stat Holidays

For more information, please contact our Ruth Smith, Preschool Programmer at [ruth.smith@saanich.ca](mailto:ruth.smith@saanich.ca)

**Cost:** \$5.50/hour/child

- Third child and subsequent children of the same family are \$2.50/hr/child
- 10 hour card: \$50.75
- 25 hour card: \$119.50

## Early Childhood: GENERAL INTEREST

### DINO'S AND DRAGONS 3-5yrs

Come with us as we visit the prehistoric time of the dinosaurs, build volcanoes, dig for fossils and hunt for eggs. Discover dragons, castles and princesses! This small group class includes circle time, songs, games, art and time in the gym. Children also gain comfort eating in a classroom environment.

SAANICH COMMONWEALTH PLACE

**Michelle Dyas**

[102618](#) Th Nov 9-Dec 21 11:45am-1:45pm 7/\$98

### FUNTASTIC FRIDAYS 3-5yrs

End the week with a whole lot of FUN! Learn about dinosaurs, play group games, enjoy ooey goey messy play, explore our friendly forest and more. We'll have gym time with our popular ride-on toys and climbing equipment, too.

SAANICH COMMONWEALTH PLACE

**Michelle Dyas**

[103648](#) F Nov 10-Dec 15 9:15-11:15am 6/\$84

### GRANDPARENT AND ME AND THE XMAS TREE

Come together for some festive fun! Create a tree ornament, sing holiday songs, enjoy a cup of tea and decorate cookies. Price includes one grandparent and one child.

SAANICH COMMONWEALTH PLACE

**Chantal Knorren-McGrath**

**FULL** Su Dec 17 10:15am-12:15pm \$34

[102275](#) Su Dec 17 1-3pm \$34

### HAPPY HANDS, HAPPY MINDS 3-5yrs

This small group program encourages young ones' creativity and learning. Children enjoy painting, art projects, show-and tell and circle time. Yoga, creative dance and gym time keep kids active, too!

SAANICH COMMONWEALTH PLACE

**Janet Mulhall**

[103588](#) Tu Nov 7-Dec 19 9:20-11:20am 7/\$98

### MAGIC OF SCIENCE 3-5yrs

Great for the child that loves to ask "why?" We explore why objects sink or float, who paints rainbows in the sky, and so much more! Instructors demonstrate experiments while kids discover the magic of science. This class is complete with circle time, songs, games, art and gym time.

SAANICH COMMONWEALTH PLACE

**Michelle Dyas**

[103601](#) M Nov 6-Dec 18 9:20-11:20am 6/\$84

### MIX IT UP WITH MICHELLE 3-5yrs

In this small group class, young ones enjoy different activities including messy play, dinosaurs, painting, science projects, art and gym time. During lunch, Michelle engages the children and reads stories to help them become comfortable eating in a classroom environment.

SAANICH COMMONWEALTH PLACE

**Michelle Dyas**

[103613](#) W Nov 8-Dec 20 11:45am-1:45pm 7/\$98

### MORNING DELIGHT 3-5yrs

Preschoolers explore different activities each week in this delightful small group class. Program leader Janet introduces science experiments, creative movement, music, crafts and messy play. Kids also stay active with gym time.

SAANICH COMMONWEALTH PLACE

**Janet Mulhall**

[103615](#) W Nov 8-Dec 20 9:15-11:15am 7/\$98

### ON MY OWN 3-4yrs

A perfect introduction to preschool programs, this semi-structured class nurtures children as they become comfortable participating without parents or caregivers. Play centres, puzzles, painting, crafts music, and gym time are all included in this small group class that helps build confidence and social skills.

SAANICH COMMONWEALTH PLACE

**Christine Lee**

[103627](#) Tu Nov 7-Dec 19 9:15-11:15am 7/\$98

**Katy Salkeld**

[103624](#) M Nov 6-Dec 18 9:15-11:15am 6/\$84

### OUTER SPACE ADVENTURES 3-5yrs

To infinity and beyond! Take off on the adventure of a lifetime as we launch our imaginations into outer space and discover rocket ships, gravity and astronauts. Play space-themed games during circle time, and enjoy stories and artmaking. The atmosphere of play and learning is out of this world!

SAANICH COMMONWEALTH PLACE

**Michelle Dyas**

[103630](#) Th Nov 9-Dec 21 9:20-11:20am 7/\$98

### STEPPING UP TO PRESCHOOL 2.5-4yrs

This transitional program is the perfect steppingstone to preschool. In the classroom, children learn to stay with the instructor for crafts, free time, stories and circle time; then parents join the class for snacks and kindergym activities.

SAANICH COMMONWEALTH PLACE

**Michelle Dyas**

[103637](#) W Nov 8-Dec 20 9:30-11:30am 7/\$98

**Christine Lee**

**FULL** Th Nov 9-Dec 21 9:30-11:30am 7/\$98

### TERRIFIC TUESDAYS 3-5yrs

Get ready to have fun as we learn about dinosaurs, play group games, enjoy ooey-goey messy play, and explore creativity with crafts. This small group class also enjoys gym time each week with our popular ride-on toys and climbing equipment.

SAANICH COMMONWEALTH PLACE

**Michelle Dyas**

[103634](#) Tu Nov 7-Dec 19 10:30am-12:30pm 7/\$98

## Early Childhood: SPORTS

### MULTI SPORT - ME AND MY COACH 3-5yrs

This gymnasium-based program introduces preschoolers to foundational movement skills that help build physical literacy. NCCP-certified instructors leave competition on the sidelines and use games, songs and positive reinforcement to introduce and explore different sports each week. Located in the Gymnasium.

SAANICH COMMONWEALTH PLACE

**Richardson Sport**

[103642](#) W Nov 8-Dec 20 11-11:45am 7/\$98

### SCP 30th Anniversary Celebration

Join us for a celebration of community spirit and a day of free family activities, displays, and fun. Games and activities in the morning followed by a special fun swim in the afternoon. More details to follow.

**Sunday, November 26**

9:00 am - 4:00 pm

Saanich Commonwealth Place



### SOCCER - ME AND MY COACH 3-5yrs

This gymnasium-based small group program introduces children to fundamental soccer skills and play, including dribbling, shooting, passing and more. NCCP-certified coaches leave competition on the sidelines and use games, songs and positive reinforcement to help develop a love of the game. Located in the Gymnasium.

SAANICH COMMONWEALTH PLACE

**Richardson Sport**

[103647](#) F Nov 10-Dec 15 11-11:45am 6/\$84

