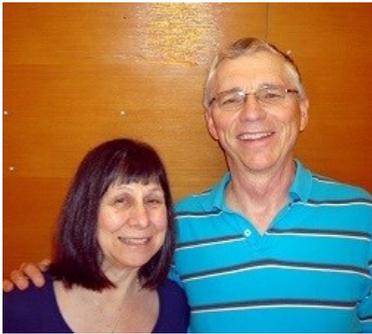




The Arts Centre
Cedar Hill Recreation Centre

Performing Arts Instructors

Dance, Music, Theatre



Joe and Cindy Archer Dance

Joe Archer has been teaching dance for over 30 years. He is a former school teacher and has 10 years training in music. Cindy Archer has been teaching for more than 11 years. Her aim is to teach low impact dance routines that anyone can do to achieve a fantastic physical and mental workout. Joe and Cindy have both completed certification as Social Line Dance Instructors and have joined the Nuline Dance organization to promote the use of many genres of music to make line dancing fun and an outstanding form of exercise.



Theana Dening Dance

Theana started dancing at age three with classes in ballet, tap and jazz. Throughout her childhood and youth she expanded her repertoire with styles such as musical theatre, lyrical and hip hop. After graduating from high school Theana studied in Toronto. She now shares her love of dance with others, and brings her passion and dedication to her classes. She enjoys teaching technical instruction while also providing as fun, safe and supported learning environment for her students to flourish and grow.



Kaleidoscope Theatre: Alexander Ferguson Theatre

Alexander is a local musician, singer, composer, musical director, sound designer, theatre artist, and teacher. A graduate of the University of Victoria (BFA in theatre - acting specialization), he also spent a summer performing with the Charlottetown Festival's young company, did an acting apprenticeship at the Chemainus Theatre Festival, and completed the Canadian National Voice Intensive program. He has worked with Kaleidoscope theatre for years as a composer, musical director, sound designer, and actor. He has also worked for such Vancouver/Vancouver Island theatre companies as Theatre SKAM, Pi Theatre, The Only Animal, Blackbird Theatre, Solo Collective, Gateway Theatre, Savage God Theatre Company, and Applause! Musicals Society. Alexander has also written musical scores for film/television for Less Bland Productions. He also teaches private music lessons and plays music with The Soul Shakers, Impulse Response, and Alexander Ferguson Trio.



Alicia Gauthier

Dance

Alicia has loved dancing and choreographing since elementary school. Training at multiple studios in Victoria and Vancouver, she has experience performing a range of styles including jazz, ballet, tap, modern, and lyrical. As a dancer, she is known for her hard work and attention to detail, pursuing continuous learning and skill mastery. As a teacher she strives to pass on these values through an upbeat, creative, and comfortable atmosphere. Though most of her studio time is now spent passing her knowledge on to others, she still finds time to brush up on technique and perform when possible.



Jenna Holmes

Dance

Jenna began her dance career through Cedar Hill Recreation Centre at the age of four. She advanced to Pacific Dance Centre where she trained intensively in ballet for eleven years. She has extensive performing experience, having taken part in the Greater Victoria Performing Arts Festival and Galas for many years, as well as a variety of studio recitals. During university, Jenna began dancing in the adult ballet class at Cedar Hill, and now is pleased to have the opportunity to teach it. Jenna also teaches and volunteers in an assortment of other classes and loves passing on her knowledge of dance to people of all ages.



Lynne Johnson

Dance

Lynne fell in love with dance and gymnastics at a very young age. She has been teaching children since her early teens and has been teaching dance and gymnastics for many years. She is trained in jazz, ballet, lyrical, cheerleading and gymnastics. She is NCCP certified in artistic gymnastics, certified in IDTS (International Dance Teaching Standards) and is also a certified judge. Gymnastics has played a big part in Lynne's life where she received numerous awards. Lynne has performed at many parades, and competitions and festivals. She also had the opportunity to dance with Shelley Sheerer and the Royal Winnipeg Ballet. Striving for continuous improvement is a way of life for Lynne. Lynne's passion is teaching and inspiring students.



Nikki Lock

Dance

Nikki is the owner and creator of Wild Roots Dance & Yoga. She has studied various disciplines of dance including ballet, jazz, modern, lyrical, tap, hip hop, musical theatre, strength and conditioning, burlesque and belly dance. She has trained at The Canadian College of Performing Arts, The Royal Winnipeg School of Ballet and Casa Sangam in Italy. Nikki graduated from the Vancouver Island University with a Technical Theatre Diploma, and the Canadian College of Performing Arts with a Performance Certificate and Camosun College with an Exercise & Wellness Diploma. Nikki has also studied with RAD (Royal Academy of Dance) and CDTA (Canadian Dance Teachers Association). She is also a certified Bellyfit® instructor and a facilitator of THEGROOVE™ and THEGROOVE™ for Kids. She is the Victoria ambassador for Rainbow Yoga and has completed the Rainbow Yoga-Kids and Families Instructor Training course. She has also completed the 360 hour Rainbow Yoga Teacher Training certifying in Fertility Yoga, Pregnancy Yoga, Baby Yoga, Kids Yoga, Family Yoga, Partner Yoga and Wise Women Yoga. Nikki has been sharing her joy of movement for over fifteen years.



Claire McPolin

Dance

Claire began dancing as a young child and eventually completed the Royal Academy of Dance schooling in ballet. She danced competitively for three years, performing jazz, hip-hop and contemporary styles. In more recent years Claire was part of an African-Caribbean dance team, and a contemporary dance team. Claire enjoys supporting new dancers to draw from the technical side of ballet/ jazz and combine it with the emotional expression in contemporary/lyrical styles. She believes in encouraging students to connect their experiences with movement and building their confidence in self-expression.



Nick Stecz

Music

An avid teacher and studio musician, Nick Stecz also tours internationally with Folk-Americana troubadour Leeroy Stagger. His unique approach to drumming has given him the opportunity to work with Daniel Huscroft, JJ Shiplett, Hannah Georgas, Wanting, Colleen Brown, Dave Vertesi, Nat Jay, and producer/engineer Winston Hauschild, among many other artists on Canadian airwaves. A Queen's University grad, Nick has taught drums for 15 years in both private and group settings. His dynamic teaching philosophy includes a happy balance of technique within rudiments, groove and interdependence around the kit while putting it all together within song-study. He teaches all styles on drum kit, musical group activity, drumline and hand percussion.



ArtsCalibre Academy: Sandra Walton

Dance

Sandra has been teaching children and youth since her early teens. She holds a B.Ed degree specializing in Music, Movement and Physical Education, a M.Ed degree in Curriculum and Instruction, and an Early Childhood Ed. Certificate. Sandra also completed her Royal Conservatory of Music program in piano and her teaching certificate in dance from the United Kingdom Alliance of Professional Teachers of Dancing (UKAPTD). She has taught Music, Dance, Drama, Leadership, and Career and Personal Planning in the Edmonton and Greater Victoria Public School Districts. For 10 years, she taught these subjects at Oak Bay and Reynolds High Schools. In recent years she has choreographed many outstanding musical productions for schools and arts organizations. Sandra loves to share her love of dance and continues to teach dance with ArtsCalibre Preschool.



Glengarry School of Dance—Carolyn Phillips Cusson

Dance

Carolyn was 11 before she had her first Highland Dancing lesson in Ottawa. She won her first Ontario Championship at age thirteen and went on to become Eastern Canada Champion, Great Lakes Champion, Western U.S. Champion, runner-up BC Champion, and Canadian Interprovincial Champion. The one time she danced in Scotland before retiring from competition, she was a World Championship finalist. She competed and won titles until she was 25 years old.

While Carolyn feels fortunate to have trained with many of the greatest Highland teachers and has trained in many champions, she feels most fortunate for the doors dancing has opened in business and cultural pursuits. She served for eight years as Governor on the Board of Directors for Ballet British Columbia, and was appointed Artistic Director for the BC Summer Games. She has sung and danced in many musical productions and hosted television shows. As a presenter, Carolyn often directs and choreographs. As an educator, consultant and coach, she often works with and is called on as a speaker in arts and culture organizations. Carolyn is a member of the British Association of Teachers of Dancing, ScotDance Canada and the RSOBHD Adjudicators' Panel.

Carolyn is Executive and Artistic Director of CeltFest Vancouver Island, an international festival and summer school which she produces with her husband, piper and composer, René Cusson, and many hardworking volunteers.