

Cedar Hill Recreation Centre
December 19, 2025 – January 1, 2026

FITNESS RESERVED DROP IN HOLIDAY SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Facility Holiday Hours Monday & Tuesday 8am-8pm Wednesday 8am-2pm Thursday & Friday CLOSED Saturday & Sunday 8am-4pm					December 20 Hi Lo Aerobics 9-10am	December 21 Basic Yoga 9:30-10:30am
December 22	December 23 Hi Lo Aerobics 9-10am Stretch & Strength 10:15am-11:15am Basic Yoga 5-6pm	December 24	December 25 CLOSED	December 26 CLOSED	December 27 Hi Lo Aerobics 9-10am	December 28 Basic Yoga 9:30-10:30am
December 29	December 30 Hi Lo Aerobics 9-10am Stretch & Strength 10:15am-11:15am Basic Yoga 5-6pm	December 31	January 1 CLOSED	Facility hours will return to regularly scheduled times as of January 2, 2026.		