



## The Corporation of the District of Saanich

# Report

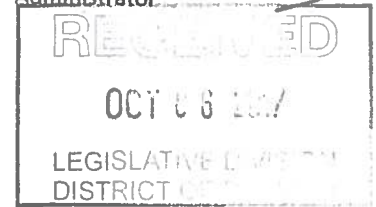
**To:** Mayor and Council

**From:** Suzanne Samborski, Director of Parks and Recreation

**Date:** 10/16/2017

**Subject:** Update on Initiatives Supporting Age-Friendly Cities Guidelines and Principles

Mayor  
Councillors  
Administrator



### RECOMMENDATION

1. That Council receive this update of initiatives and projects implemented and/or planned by the District to be supportive of the principles, framework and/or guidelines of the World Health Organization's Age Friendly Cities.

### PURPOSE

The purpose of this report is to provide an update to Mayor and Council of District initiatives and/or projects completed and/or currently in progress, which support the principles, framework and guidelines of an age-friendly city.

### DISCUSSION - BACKGROUND

In 2006, the Province of British Columbia selected Saanich as a partner city to collaborate in a world-wide project to evaluate the factors which support a city to be "age-friendly". Working with support from the Ministry of Health, Dr. Elaine Gallagher and her team from the University of Victoria's Centre on Aging conducted a needs assessment and consultation process with Saanich citizens. This data was then utilized by District staff, stakeholder and partner committees to develop over 60 recommendations which address the needs of older adults in Saanich. These recommendations were presented in the 2008 District of Saanich Global Age Friendly Cities Report.

A feature of this report was the creation of a shared understanding of the value of the principles of an age friendly city in supporting the quality of life for Saanich citizens. "In an age-friendly community, policies, programs, services and infrastructure related to the physical and social environment are designed to enable older people to live in security, enjoy good health and continue to participate in society in a meaningful way. It takes into account the biological, psychological, behavioural, economic, social and environmental factors that operate over the course of a person's life to determine health and well-being in later years." (District of Saanich Global Age Friendly Cities Report, 2007, p.4).

Following completion of the report, there are many examples of the influence that the age friendly principles have had in the District's strategic and community planning processes. In June 2007, upon a recommendation from the Healthy Saanich Advisory Committee, Council

forwarded a resolution to the Union of B.C. Municipalities to "urge the provincial government to support, in a coordinated manner across the province, the implementation of age-friendly tools by local governments, which will help adapt the built, physical and social environments of their communities to support the needs of seniors." District staff incorporated an age-friendly lens on the consultation process of the 2008 update of the Official Community Plan. After this point age-friendly initiatives were also highlighted as priorities in the 2010-2014 Strategic plan.

In 2012, the District was celebrated by the Ministry of Health as one of 9 designated age-friendly cities in the province. This accolade was accompanied by a recognition poster which is on public display in the café at Saanich Commonwealth Place. Once a municipality/district is recognized, the Ministry of Health shares this information with the Public Health Agency of Canada (PHAC). The PHAC Pan-Canadian Age-friendly Community reference group, consisting of representatives from all provinces and some municipalities, together with agencies like CMHC is co-chaired by Saanich Councilor Judy Brownoff. This group meets monthly to identify webinar ideas, and to liaise with the Canadian representative to the World Health Organization (WHO) and the Federation of Aging. In 2014, an update to the WHO Global Age-friendly Cities Project was developed and this update was posted on the Saanich website. Information regarding the District's approach to and planning for an age friendly community can be found on the Saanich website.

## **DISCUSSION - CURRENT STATUS**

The principles of an age friendly city currently resonate with staff in all Departments as they proceed with a number of specific strategic initiatives, public participation processes, policy development and a range of programs and services.

Informally, staff have developed an age-friendly framework that is used to support the assessment of the implementation of projects and policies based on the eight pillars of the 2008 WHO Global Age-friendly Cities Guidelines and which represents the "lens" through which staff approach their work. This age friendly frameworks encourages staff to:

- Maintain awareness of the continuum of aging and the various and varying levels of support that will be needed. This may include: translation services, mobility, cognitive skills, affordability, clear and simple communications,
- Reduce social isolation by increasing community connections, services and programs (i.e. through transportation, housing, meeting spaces, cultural opportunities) and/or promoting social inclusion of older adults through designing connections to places,
- Provide meaningful engagement opportunities for older adults where they are valued and consulted about decisions that affect their lives,
- Improve travel in our community by recognizing mobility needs and providing safe, accessible, sustainable and predictable transportation options,
- Support housing opportunities that meet various stages of the life cycle in locations that foster community inclusion and connectedness,
- Support and promote the health benefits of active lifestyles for older adults.

A number of the recommendations from the 2008 Saanich Reports on the WHO Global Age-friendly Cities Project have been addressed and work continues while the concept of developing initiatives which support the principles and guidelines of an age friendly city have been carried forward through a variety of initiatives aimed at providing opportunities for all citizens of Saanich to live in a healthy and safe environment. However, it is important to note that while the principles of an age friendly community continue to provide a lens through which staff plan and implement the activities of the District, the examples listed here are rarely labeled specifically as an "age friendly" initiative. Rather projects and initiatives tend to focus on the broad scope of improving the quality of life for all citizens.

### **Current and Ongoing Initiatives Supporting an Age Friendly Community**

Since a previous update in 2014, the following strategic planning processes, policy development, civil projects and/or programs and services continue to reveal the District's attention to the age friendly community principles as outlined by the eight primary categories of the WHO Age Friendly Cities Guidelines:

#### Outdoor Spaces and Buildings

- 2016-2018: Changeroom accessibility upgrades undertaken at Cedar Hill Recreation Centre and planning underway for upgrades at G.R. Pearkes Recreation Centre which includes features such as grab bars, seating, shower wands and removal of physical barriers,
- 2016-2017: Improved seating for viewing and social opportunities at Saanich Commonwealth Place, G.R. Pearkes Recreation Centre and Gordon Head Recreation Centre,
- 2015 onwards: Engineering Department is undertaking a Strategic Facilities Plan which will include considerations for accessibility improvements via input from citizens.

#### Transportation

- 2016-2018: The District's Active Transportation Plan is currently in development and includes considerations for improving pedestrian and cyclist mobility, safety and enhanced connectivity for all citizens, plan development includes participation of older adults in the consultation process,
- Ongoing: Annual focus on pedestrian mobility improvements which included the following additions in 2016: 3 km of new sidewalks, 33 curb ramps, 11 pedestrian crossings, 18 new street benches and 20 new bus shelters.
- 2016 onwards: The Council approved Shelbourne Valley Action Plan established goals and identified potential initiatives to improve pedestrian mobility, safety enhancements and transit infrastructure improvements in this segment of the District.

## Housing

- Ongoing: The Accessible Housing Policy guides development to include basic accessibility requirements to be met for all apartment buildings,
- 2007 onwards: Over the past decade Saanich has supported the development of the following community based housing: Mt. View Carey Campus of Care (affordable rental and care facility); Rosalie's Village (Affordable rental - women); Quadra/Tolmie (seniors' at risk of homelessness); Townley Ave. (Affordable rental); Arrow Road (Affordable rental); and Admirals/Gorge (Market Housing with Care). Currently working on project in Linley/Nigel Valley (Affordable rental with supports).

## Respect and Social Inclusion

- 2016-2017: Improvements made to Gore-Peace Memorial Park on Shelbourne St. to improve visibility, seating and ease of cleanliness in this park dedicated to Saanich citizens that lost their lives in World War I,
- 2016: Worked with the local neighbourhood and the Gorge Tillicum Community Association to build an open community garden at Gorge Park which provides opportunities for social participation and inclusion,
- Ongoing: Saanich Police Department offers ongoing educational workshops and information regarding Fraud Prevention, Elder Abuse and other specific topics related to safety for older adults and seniors. Presentations can be made upon request and often occur at seniors housing complexes in the District.

## Social Participation

- 2017 onwards: Completed the Council approved Older Adults Parks and Recreation Strategy which provides direct input from citizens 50 years and older to provide clear recommendations towards improved programming and service delivery options, facility accessibility enhancements, partnership opportunities and relevant communication strategies,
- 2016 onwards: Increased opportunities for Pickleball participation with a range of play options and levels of challenge at Cedar Hill Recreation Centre, G.R. Pearkes Recreation Centre and Saanich Commonwealth Place as well as the provision of dedicated outdoor Pickleball courts at Tolmie Park.
- 2017 onwards: Increased number of lanes and times available for water walking and aqua-fit classes to address the demand at Saanich Commonwealth Place.
- Ongoing: Offer Community Kitchens through Gordon Head Recreation Centre and G.R. Pearkes Recreation Centre providing opportunities for older adults to prepare healthy take home meals together in a social setting.

## Communications and Information

- 2016: Implementation of the upgraded Saanich website included options for larger font sizes, increased white space and contrast options as well as improved navigation features,

- Ongoing: Corporate Services ensures that the Municipal Reception Desk is always staffed to offer one on one personal service and human contact in phone answering services,
- Ongoing: Saanich Fire Department offers Fall Prevention and Fire Safety Awareness Workshops specific for the older population to include smoke alarm education, hazard removal and evacuation procedures.

#### Civic Participation and Employment

- 2017: Council and Committee of the Whole Meetings to be available to the public via webcasting and archived video footage facilitating access to those with mobility challenges and/or other barriers to viewing of Council business,
- Ongoing: The District offers volunteer opportunities for all citizens in the areas of Emergency Preparedness, BlockWatch, Pulling Together - Parks Invasive Species Program, Recreation Programs and Municipal Special Events.

#### Community Support and Health Services

- Ongoing: Programs and Workshops offered in partnership with Island Health and/or other non-governmental health agencies include the Diabetes Wellness Clinics, Blood Pressure Clinics and Hearing Screening clinics at Cedar Hill Recreation Centre and Saanich Commonwealth Place,
- 2017: Gordon Head Recreation Centre and Community Services worked in partnership with the University of Victoria Island Health Research Program to host Community Dialogues for Health.

Please refer to Appendix A: "Age Friendly Cities 2017 Update of Department Initiatives," for further examples and details here.

With these examples, it is clear that many of the strategic initiatives, projects and programs planned and implemented by the District of Saanich address the fundamental principles set forth by the World Health Organization's Age Friendly City Guidelines. There is great pride in the recognition the District has received over the years for the continued efforts and focus on the support of our older citizens. As such, confidence remains that the District is meeting the tenets of an age friendly community by: recognizing the great diversity among older persons; promoting their inclusion and contribution to community; respecting their decisions and lifestyle choices; and by responding flexibly to aging related needs and preferences.

#### **FINANCIAL IMPLICATIONS**

There are no financial implications with any of the alternatives.

## STRATEGIC PLAN IMPLICATIONS

Several other strategic and public participation processes are currently underway or have been completed recently which provide further detailed and specific recommendations that address the primary categories of an age friendly city. These plans include:

- Active Transportation Strategy,
- Shelbourne Valley Action Plan,
- Uptown Douglas Corridor Plan
- Tillicum Action Plan
- Older Adults Parks and Recreation Strategy
- Several Parks Planning Processes including Cedar Hill, Haro Woods and Panama Flats,
- Mt. Douglas Park Access Study

Furthermore, current operational work plans throughout the District are assessing projects through the lens of the age-friendly framework listed above as part of the established process of conducting the business of delivering the services of the District's operations.

## CONCLUSIONS

The District of Saanich has a positive reputation for being an innovative and supportive age-friendly community throughout the region, the province, the nation and internationally. As recently as 2014, representatives from Australia visited Saanich to learn about our age-friendly initiatives and support systems. District staff continue to pay attention to the framework and principles of the original World Health Organization's guidelines which are then used to ensure age-friendly practices, policies and processes are used in the District's projects and initiatives. Applying this age friendly lens to the overall operations of the District will help ensure that not only will Saanich continue to work towards an age friendly city but also to an improved quality of life for all citizens.

Prepared by



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Approved by



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**ADMINISTRATOR'S COMMENTS:**

I endorse the recommendation from the Director of Parks and Recreation.

Administrator



## Appendix A: Age Friendly Cities 2017 Update of Department Initiatives

<b>Outdoor Spaces &amp; Buildings</b>			
<b>Project</b>	<b>Department</b>	<b>Timeline</b>	<b>Status</b>
Barrier Free change rooms, men's shower renovation to add hand wand, bench, grab bars	Parks and Rec - CHRC	2015	Complete
Shower chair in ladies change room shower	Parks and Rec - CHRC	2017	Complete
Arm ergometer in weight room - more age friendly than previous model (seating, grips, entry, etc)	Parks and Rec - CHRC	2016	Complete
Auto door openers install on Seniors Wing and E entry doors	Parks and Rec - CHRC	2014	Complete
Complete Older Adults Strategy and report to Council	Parks and Rec - CS	2017	Complete
Re-instate Saanich's membership on World Health Organization Global Age-Friendly Cities	Parks and Rec - CS	2017	Complete
SCP's Community corner set up featuring large TV and comfortable seating in a social setting. This area is located on the main floor next to the North entrance	Parks and Rec - SCP	2016	Complete
Improved facility signage in the facility including directional and room identification, washroom signage and general informational signage regarding upcoming activities and events.	Parks and Rec - SCP & GRP	2016	Complete
Additional and improved seating in several facilities including more comfortable social seating at SCP and improved, warmer seating in the stands at GR Parkes Arena.	Parks and Rec - SCP & GRP	2017	In progress
Revising emergency evacuating routes for our frail customers	Parks and Rec - SCP	2017	In progress
Municipality is undertaking a long term strategic facilities plan which includes participation of older adults and seniors in the consultation process and which will identify future accessibility improvements in major facilities.	Engineering	2019	
Design of accessibility upgrades underway to improve shower facilities for fitness participants at GR Parkes Recreation Centre.	Parks & Rec - GRP	2018	In progress



## Appendix A: Age Friendly Cities 2017 Update of Department Initiatives

OCP Policy and Design Guidelines: General accessibility and comfort are key aspects of both policy documents. Planning staff consider these aspects as part of all plan preparation and development proposal reviews.	Planning		Ongoing
Advisory Design Panel: Building and site accessibility/comfort forms part of their review process.	Planning		Ongoing
Mt. Douglas Park Access Study will provide options and opportunities to improve parking and access for those with mobility challenges as well as improvements to parks maps, interpretive and wayfinding signage.	Parks & Rec - Parks	2016-17	In progress

### Transportation

Project	Department	Timeline	Status
Sidewalk and curb improvement programs built 3km of sidewalks and 33 curb ramps in 2016.	Engineering		Yearly, Ongoing
18 new street benches were installed in 2016 to provide rest areas and improve the public realm.	Engineering		Yearly, Ongoing
11 new pedestrian crossings completed in 2016 through streetscape improvements.	Engineering		Yearly, Ongoing
20 new bus stop shelters installed in 2016.	Engineering		Yearly, Ongoing
12 bus stops improved to meet accessibility standards in 2016.	Engineering		Yearly, Ongoing
Saanich's first ever Active Transportation Plan is underway to support the community in improving walking, biking and other active mobility options. the plan will develop a vision along with policies and actions to guide the development of safe, attractive and convenient active transportation options for people of all ages and abilities over the next 30-years.	Engineering	Spring 2018	Active

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Cycling infrastructure programs built 4km of new cycling infrastructure, over half of which were high quality facilities promoting cycling for all ages and all abilities	Engineering		Yearly, Ongoing
Components of the Shelbourne Valley Action Plan includes a new design for Shelbourne Street that includes separated cycling facilities, transit enhancements, and a safe, more enjoyable pedestrian environment as well as upgrades to 2.3 km of sidewalk and enhanced pedestrian and transit conditions in village centres along the Shelbourne corridor. Goals are aimed to improve mobility options for all citizens.	Planning	2017	
Integrate the revised and updated PPIP (Pedestrian Priority Implementation Plan) into the sidewalk Capital Plan for 2013-2017.	Engineering		Ongoing
Access to Transit Plan: Document in place. Principles form part of Department's review process for plans and development proposals.	Planning		Ongoing
The process to determine sidewalk construction priorities includes the proximity to senior housing units and the regional and neighborhood centres identified in the Official Community Plan	Engineering/Planning		Ongoing

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<p>Shelbourne Valley Action Plan Goal #5: Enhance Opportunities for Cycling, Walking and Transit. Includes the initiative, "Complete a network of greenways and bikeways that provide improved walking and cycling opportunities for people of all ages and abilities (Sections 6.3 and 6.4)"</p>	<p>Engineering/Planning</p>		<p>In Progress</p>
<p>Plans underway include the Uptown Douglas Corridor Plan and the Tillicum Action Plan which will continue to seek public input towards improved mobility and transit options in these areas of the District</p>	<p>Planning</p>		<p>In Progress</p>

<b>Housing</b>			
<b>Project</b>	<b>Department</b>	<b>Timeline</b>	<b>Status</b>
<p>OCP Policy: Provision of range of housing by type, tenure, price and location is key objective of OCP.</p>	<p>Planning</p>	<p>Current</p>	<p>Ongoing</p>
<p>Accessible Housing Policy: Basic Accessibility is required for all apartment buildings. Voluntary Guidelines/Best Practices are in place for other forms of multiple family housing.</p>	<p>Planning</p>		<p>Ongoing</p>
<p>Affordable Housing: While not specifically singled out, Saanich's commitment to the CRD's affordable housing strategy, our allowance for secondary suites, and the current initiative underway to look at garden suites all work to support/address seniors' housing needs and related income issues.</p>	<p>Planning</p>		<p>Ongoing</p>

## Appendix A: Age Friendly Cities 2017 Update of Department Initiatives

<p>Seniors' Supportive Housing Projects: Within the last 10 years Saanich has supported the development of the following community based housing: Mt. View Carey Campus of Care (affordable rental and care facility); Rosalie's Village (Affordable rental - women); Quadra/Tolmie (seniors' at risk of homelessness); Townley Ave. (Affordable rental); Arrow Road (Affordable rental); and Admirals/Gorge (Market Housing with Care). Currently working on project in Linley Valley (Affordable rental with supports)</p>	<p>Planning</p>		<p>Ongoing</p>
<p>Shelbourne Valley Action Plan Policy Initiative attached to Goal #3: Provide increased housing and employment opportunities within Centres and Villages to bring more people within walking distance of goods, services and transit</p>	<p>Planning</p>		<p>In Progress</p>
<p>Shelbourne Valley Action Plan Policy Initiative attached to Goal #4: Respond to the Needs of all Ages and Abilities offers the following policy initiatives related to housing for seniors: Promote a range of housing to serve a community that is diverse, inclusive and multi-generational (Policies 5.4.1, 5.3.3); Permit seniors housing in all areas designated for apartment housing (Policy 5.4.5); Encourage seniors housing in walkable areas convenient to services and without hilly topography (Policy 5.4.6)</p>	<p>Planning</p>		<p>In Progress</p>

## Appendix A: Age Friendly Cities 2017 Update of Department Initiatives

Shelbourne Valley Action Plan Goal #6: Improve Housing Choice and Affordability. Includes: "Permit seniors housing, including congregate care and nursing homes, in all areas designated for apartment housing (Policy 5.4.5)"	Planning		In Progress
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<b>Respect &amp; Social Inclusion</b>			
<b>Project</b>	<b>Department</b>	<b>Timeline</b>	<b>Status</b>
Re-introduction of social meeting times after "Osteofit," and Gentle Fit Fitness classes	Parks & Rec - GRP	2017 Fall	Starts in September 2017
Seniors Gardening Program in which the District utilizes garden plots within the Capital City Garden Allotment Gardens specifically for seniors participation. The program encourages social participation over a shared interest in gardening.	Parks & Rec - CS		Ongoing
Senior Drop in Social times offered through various Saanich Recreation Teen Centre facilities including Gordon Head and GR Pearkes in which Seniors gather for table tennis, pool, food and social time.	Parks & Rec -CS/GRP/GH		Ongoing
Worked in partnership with Gorge Tillicum Community Association to facilitate the building and opening of a community garden in Gorge Park wich provides opportunities for social gathering locations within a parks setting.	Parks & Rec - Parks	2016	Ongoing in use
GR Pearkes and Community Services partners with Senior Living Magazine to host an annual "55+ Lifestyle Show and Expo," featuring displays and educational workshops highlighting services, programs and opportunities for older adults.	Parks & Rec - GRP/CS	Annual	Ongoing
Park improvements at Gore-Peace Memorial Park to provide improved visibility, cleanliness and seating in this park dedicated to those that lost their lives in WWI	Parks & Rec - Parks	2016	Complete

## Appendix A: Age Friendly Cities 2017 Update of Department Initiatives

<p>           Holding a one-night intergenerational cooking night with older adults and youth at the Back Door Youth Centre (GHRC) to build relationships between youth and older adults in November         </p>	Parks & Rec - CS/GH	2017	November implementation
<p>           Saanich Police 2017 Initiative includes community engagements to plan for an increased focus on vulnerable seniors. Focus is on identifying and reaching out to isolated and/or vulnerable seniors to provide education and awareness opportunities of issues such as elder abuse and fraud prevention.         </p>	Saanich Police	2017	In progress
<p>           Saanich Police 2017 Initiative to focus on reducing the victimization levels of vulnerable seniors via increased educational and awareness workshops and campaigns as well as researching baseline measures to assess need and impact.         </p>	Saanich Police	2017	In progress

### Social Participation

Project	Department	Timeline	Status
<p>           More water walking lanes have been scheduled throughout the day in the dive pool         </p>	Parks and Rec. - SCP	2016	Complete
<p>           Additional water fitness classes scheduled         </p>	Parks and Rec. - SCP	2016	Complete
<p>           More Pickleball times in the SCP gym and GRP Fieldhouse with increased options for choice in level and type of play: offered in partnership with the Victoria Regional Pickleball Association at GRP         </p>	Parks & Rec.- SCP/GRP	2016	Complete
<p>           Senior swim lessons         </p>	Parks and Rec. - SCP	2017	In progress
<p>           Weekly blood pressure clinics in the main lobby         </p>	Parks and Rec. - SCP	2017	In progress
<p>           New respite programs for adults with Dementia         </p>	Parks and Rec. - SCP	2017	In progress
<p>           Offering older men's programs in the Cordova Bay area         </p>	Parks and Rec. - SCP	2017	In progress
<p>           Adding more length swimming offerings         </p>	Parks and Rec. - SCP	2017	In progress

### Appendix A: Age Friendly Cities 2017 Update of Department Initiatives

New bridge classes being offered	Parks & Rec - SCP	2017	Ongoing
Supported development of a new Community Garden in Gorge Park	Parks & Rec - Parks	2016	Complete

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Community Kitchen programs offered by Community Services and Saanich Neighbourhood Place, supported by GR Pearkes whereby local older adults gather weekly to share in the preparation of meals which are then taken home by participants.	Parks & Rec - CS		Ongoing
Ongoing adult figure skating and/or duffer hockey sessions offered for 35+ and older adults, daytimes Monday to Friday; adult skates incorporate a social gathering opportunity after the skate sessions whereby participants share food and socialize.	Parks & Rec - GRP		Ongoing
Tolmie Park improvements included dedicated Pickleball courts, new pathways and improved seating which have improved access for older adults and seniors.	Parks & Rec - Parks	2017	
Re-introduction of social time after participation in fitness classes such as Osteofit and Gentle Fit at GR Pearkes Recreation Centre.	Parks & Rec - GRP	2017	To start in September 2017

### Communication & Information

Project	Department	Timeline	Status
Active Living Guide - NEW 3 column format for larger font, higher contrast headings, easier to read page number locations, etc	Parks & Rec	2017	Ongoing
Google translate - ipads with this app at rec centre/golf course reception desks to aid in communication with English learners, many of whom are seniors	Parks & Rec	2017	Ongoing
implementation of new Saanich Website - options for bigger font, more white spaces, contrast options	Corporate Services	Q2 2016	Complete
Social Media / media releases and statements - clear concise language used, no jargon used, language at a grade 6 level, use variety of different handles that appeal to many different age groups	Corporate Services		Initial project completed but ongoing initiative



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Improved facility signage in the facility including directional and room identification, washroom signage and general informational signage regarding upcoming activities and events.	Parks & Rec - SCP & GRP	2016	Complete
Photos in publications, website and marketing - representative of all ages and abilities and of a large size that is easy to see	Corporate Service		Initial project completed but ongoing initiative
Fall Prevention and Fire Safety Education Workshops including Smoke Alarm testing and awareness, evacuation procedures to minimize fall hazards and specific strategies for safe exit planning for older adults and seniors.	Saanich Fire		Ongoing
Municipal Hall reception - always have an employee physically present to answer the phone or to talk with a person 1-1	Corporate Service		Ongoing
Webcasting of Council Meetings which enables individuals to view and listen to Council Meetings despite mobility challenges and barriers	Leg. Services/Engineering - Facility Operations		2017
Saanich Police Department offers ongoing educational workshops and information regarding Fraud Prevention, Elder Abuse and other specific topics related to safety for older adults and seniors. Presentations can be made upon request and often occur at seniors housing complexes in the District.	Police		Ongoing

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Cuthbert Holmes Park Improvements include new wayfinding and interpretive signs and improved trail access to Admirals Road which will support access to a new older adults/seniors housing complex in the area.	Parks & Rec - Parks	2016-17	
Will be participating with a booth to promote Saanich Parks and Recreation services at the MidLife Show at Victoria Convention Centre in November (3rd year).	Parks & Rec - CS/Rec	2017	
Saanich Emergency Preparedness Workshops are offered to various community groups including seniors living complexes and/or individuals and families.	Saanich Fire		Ongoing

### Civic Participation & Employment

Project	Department	Timeline	Status
Council and Committee of the Whole Meetings to be available to the public via webcasting and archived video footage facilitating access to those with mobility challenges and/or other barriers to viewing of Council business.	Legislative Services/ Engineering - Facility Operations	2017	Complete - operational September 2017
Complete the development of the Public Participation policy and provide staff training to ensure that there is a consistent organizational approach to public participation and communication initiatives. Review current public participation reporting processes to reflect citizen engagement best practices.	Legislative and Corporate Services	2016	Complete
Saanich Parks and Recreation Older Adults Strategy was completed and approved by Saanich Council in June 2017. This gives us a strategic approach and 5 year implementation plan for our programs, facilities, parks and services. This strategy used an extensive public engagement process with two surveys, 44 public engagement sessions, 1 community forum, and community members sitting on Project Team and Research Teams. Over 2,400 participants were involved.	Parks & Rec - CS	2016-17	Complete

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Volunteer opportunities exist in the District for all citizens in the areas of Emergency Preparedness, BlockWatch, Pulling Together - Parks Invasive Species Program and Recreation.	Fire, Police, Parks & Rec		Ongoing
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### Community Support & Health Services

Project	Department	Timeline	Status
Diabetes Walk and Talk Educational Programme	Parks & Rec - CHRC	started in 2015	Ongoing
Diabetes Wellness Clinics	Parks & Rec - CHRC	NEW in 2017	Ongoing
Blood Pressure Clinics - started with Heart and Stroke Foundation, now done through Diabetes Society	Parks & Rec - CHRC/SCP	started in 2015	Ongoing
Hearing Screening Clinics	Parks & Rec - CHRC	NEW in 2017	Ongoing
Caregiver Respite Program to begin at Commowearth Place in the Fall of 2017 in partnership with Island Health	Parks & Rec -SCP	2017	
GHRC (and CS) assisted with hosting free space at GHRC for a Community Dialogue for Health Research, for Island Health Research Programs together with UVIC.	Parks & Rec - CS/GH	2017	
Creation and formalization of partnerships between Saanich Recreation and Island Health to explore and develop health programs and services	Parks & Rec - all	2017	ongoing