

AGENDA
HEALTHY SAANICH ADVISORY COMMITTEE
Saanich Municipal Hall, Committee Room # 2
Wednesday, June 26, 2019 at 6:00 p.m.

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1. **ADOPTION OF MINUTES** (attachment)
 - April 24, 2019
2. **CHAIR'S REMARKS**
3. **GARDEN SUITE STUDY UPDATE**
 - Presentation by the Community Planner
4. **UNITY MANDELLA**
 - Community presentation

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5. **PRIDE PARADE UPDATE**
 - Presentation by the Committee Clerk

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6. **DIVISION UPDATE – RECREATION** (attachment)
 - Presentation from Senior Manager of Recreation
7. **SCAN REPORT**
 - Report from SCAN representative
8. **EMBRACE SAANICH! – UPDATE**
 - Committee Discussion

* Adjournment *
Next Meeting: September 25, 2019

Please advise Jeff Keays the committee secretary at jeff.keays@saanich.ca
or 250-475-1775 local 3430 if you are unable to attend.

Go Green!
Members are encouraged to bring their own mug to the meeting.

MINUTES
HEALTHY SAANICH ADVISORY COMMITTEE
 Held at Saanich Municipal Hall, Committee Room #2
April 24, 2019, 6:06 p.m.

Present: Chair: Councillor Chambers

Members: Claire Attwell, Merie Beauchamp, Ryan Clayton, Ryan Henderson, Jean Hodgson (SCAN), Jasmindra Jawanda, Ryan Painter (SD 61) and Nadia Rajan.

Staff: Kelli-Ann Armstrong, Senior Manager, Recreation and Jeff Keays, Committee Clerk

Regrets: Zhongwhen He and Teri VanWell (SD 63)

Guests: Debra Donahue, General Manager - Horticultural Centre of the Pacific

MOTION

MOVED by R. Clayton and seconded by N. Rajan: "That the minutes of the Healthy Saanich Advisory Committee meeting held March 27, 2019 be adopted as amended."

CARRIED**CHAIR'S REMARKS**

The Chair provided the committee with an update on Council related initiatives and items of interest. The following was highlighted:

- Numerous phone calls and emails regarding the use of pesticides on both public spaces and Saanich farmland.
- The *Farm Practices Protection (Right to Farm) Act* allows for the use of herbicides such as glyphosate (Roundup).
- The Falaise Community Association will be hosting the Tree Love Town Hall at the Horticultural Centre of the Pacific, from 7-9 p.m., Saturday, April 27, 2019.
- There facilitated forum will bring together experts to discuss the future of the remnant Garry Oak forests.

Committee discussion ensued, the following was noted:

- Monsanto is facing numerous legal challenges with regard to glyphosates.
- The notion of Green Crime is gaining momentum. Green Crime pertains to those corporations that are knowingly allowing/facilitating environmental harm and degradation through their practices and products.
- Tree loss is serious issues for Saanich, and the region as a whole.
- There is a significant need for a biodiversity strategy in Saanich.
- Efforts to engage private property owners to plant more trees are needed.

COMMUNITY PRESENTATION: HORTICULTURAL CENTRE OF THE PACIFIC

The Chair introduced Debra Donahue, General Manager - Horticultural Centre of the Pacific (HCP). The General Manager provided the committee with a brief overview of the centre and its initiatives. The following was highlighted:

- HCP is charity garden that covers over 109 acres, 10 of which are privately held.
- HCP is proposing to host the Saanich Farmer's Market, formerly held at Braefoot Park, starting this summer.
- The market would coincide with the bi-weekly, summer Picnic in the Garden events held on Wednesday nights.

Committee discussion ensued, the following was noted:

- Parking for the centre remains an issues, increasing on-site capacity would be extremely difficult.
- There are nearby facilities including the Galloping Goose Trail and the BC Transit located at the nearby Camosun College.
- The on-site restaurant is open on picnic nights.
- Food trucks could be considered as well; however there remains the issue of on-site parking capacity.
- Outreach to the Greater Victoria Cycling Coalition could be considered in order to develop / incorporate active transportation linkages to the market.
- There are approximately 3-4 elementary school visits a month.

MOTION

MOVED by C. Attwell and seconded by J. Jawandra that: "The Healthy Saanich Advisory Committee supports the proposal to host the Saanich Farmers Market at the Horticultural Centre of the Pacific starting in the summer of 2019."

CARRIED

MARKET ANALYSIS UPDATE

The Senior Manager – Recreation provided the committee with an overview of the recently completed Recreation Market Analysis. The following was highlighted:

- The analysis was conducted over 15 months.
- The scope and mandate was to undertake a deep dive into the relevant statistics such as fill and utilization rates.
- This Market Analysis Study is intended to inform and guide the District in charting its recreation, wellness and health programs, activities, services and experiences and will enhance readiness and the ability to address the needs and expectations of Saanich residents by:
 - Ensuring our offerings and operations are appropriate, accessible, affordable, and sustainable; and
 - Identifying capital investment opportunities that ensure that District recreation facilities infrastructure have the ability and potential to accommodate and provide the services expected by the community.

- Extensive engagement with the public, stakeholders, and partners has informed all aspects of the analysis and recommendations. Engagement included:
 - Open Houses:
 - June 14, 2018 at Saanich Commonwealth Place (SCP): 150 participants (est.)
 - February 5, 2019 at Cedar Hill Recreation Centre; and,
 - February 6, 2019 at G.R.Pearkes Rec. Centre: 100 participants respectively (est.)
 - Online survey: June 11 -July 15: 550 responses
 - Online survey - January 28 - February 25, 2019: 1,058 responses (80% of respondents were Saanich residents)
 - Statistically valid telephone survey with a margin of error of +/-5.7% at the 95% confidence level: 300 respondents
 - Interactive displays at recreation centres, golf course, municipal hall, and three special events: June 19 - July 15, 2018.
- Key findings of the study included, but not limited to:
 - Changing demographics – significant increases to number of older adults, youth and young families over next ten years resulting in increased demand for programs and services.
 - Affordability
 - Families struggling to participate in recreation – time, affordability and availability of childcare and/or out-of-school programs remain significant concerns.
 - There is increasing awareness of the need to be more inclusive and welcoming for everyone including Indigenous, LGBTQ2+, persons with disabilities, and new Canadians.
 - Rates of chronic disease are on the rise, and, as such, there is increasing demand for services to support both physical and mental health and wellness.
 - Significant support for volunteerism.
- The District's top programs are: fitness and health (12,206 registrants) followed by swimming (12,154 registrants)
- Drop-in participation exceeds registered programming; there is demand for more drop-in programs.
- The District's fitness centres are significantly smaller than those being built today.
- There is a demand for additional indoor dry floor sports gymnasium space to accommodate a wide range of activities including basketball, volleyball and pickle ball. This demand also identifies an additional ice surface (that could also be used for dry floor sports like lacrosse).
- Health and Wellness is an area of growing demand.
- Affordability remains a concern, ongoing support for the L.I.F.E. pass is noted.
- Partnerships will be critical to maintaining and improving the District's ability to serve the community.
- Key partnership areas include physical and mental health and wellness services; serving those with special needs, diverse populations, and Indigenous people; childcare and serving children and youth; and development of new facilities.

- The report recommends the following Strategic Directions:
 - Align Saanich Recreation with community health and wellness
 - Be flexible and adaptable
 - Use community benefits as a driver of decision-making
 - Develop and expand partnerships
 - Improve tracking of metrics to validate success and identify areas for improvement
- The implementation plan:
 - Identifies actions for each recommendation
 - Sets priorities, responsibilities, timelines
 - Identifies cost, where applicable
 - Does not supersede the budget process and decision-making by Council
 - Some recommendations will require a shift of focus and effort, rather than new funding.
 - This is a living document that will be adjusted and further developed as implementation occurs.
 - Revisiting the implementation plan annually is recommended.
 - This is a path forward, not a commitment to spend.

Committee discussion ensued, the following was highlighted:

- The Youth Development Strategy is in its third year and will require a refresh in the next couple years.
- Residents are beginning to view our recreation centres through the community centre/hub lenses.
- The department will also undertake an (internal) Staffing Strategy that will help identify capacity issues and certification requirements for program delivery.
- The analysis established a baseline set of metrics with which to track progress on a go-forward basis.
- Saanich continues to analyse data, explore best-practices and program delivery to ensure a reasonable balance between affordability and programming options at competitive rates.
- Numerous considerations are taken into account when setting the price points for camps and programs.
- The current review of the L.I.F.E. program may provide additional opportunities for discounted participation in summer camp programming.
- School partnerships will be key going forward. Opportunities exist for the development of new facilities that could help offset some of the dry floor and sports field demand.
- There will be new seismic upgrade requirements under the new building code.
- Sports tourism remains a major priority for the region. High performance swimming events at SCP remain the major draw in Saanich.
- P.I.S.E. needs additional spaces as well as new turf infield.

MOTION

MOVED by M. Beauchamp and seconded by J. Jawandra that: “The Healthy Saanich Advisory Committee receive the Market Analysis Study: Recreation, Wellness and Health Programs, Services, Activities and Experiences staff presentation for information.”

CARRIED DIVISION UPDATE – RECREATION

The Senior Manager – Recreation provided and overview of the February Parks Division Update report dated, April 16, 2019.

WORKING GROUP UPDATE – FINAL EMBRACE SAANICH REPORT UPDATE

The final draft of the *Embrace Saanich!* Municipal Cultural Planning Report will be submitted to staff by the end of the week. All of the committee’s recommendations will be implemented.

The report and the recommendation will go forward to a future Council meeting. The Clerk will advise committee of the date as soon as it is confirmed.

ADJOURNMENT

The meeting adjourned at 8:06 p.m.

NEXT MEETING

The next meeting is scheduled for June 26, 2019.

Chair

I hereby certify these minutes are accurate.

Committee Secretary

Memo

To: Healthy Saanich Advisory Committee

File: 1420-30 HSAC

From: Jeff Keays, Committee Clerk

Date: June 19, 2019

Subject: SAANICH PARTICIPATION THE ANNUAL VICTORIA PRIDE PARADE

The Healthy Saanich Advisory Committee will be supporting entry into the 26th Annual Victoria Pride Parade. The District's entry will include our Saanich Pride banner, t-shirts and the crowd favourite Saanich Pride stickers.

The total costs associated to the entry are as follows:

Item	Cost
Victoria Pride Entry Fee	\$225.00
Saanich Pride T-shirts	*\$395
Total	*\$620

**Awaiting final invoice, estimated price is based on unit cost, set-up fee and applicable taxes.*

This is a family friendly event and HSAC members are encouraged to join in with members of Saanich Council to march throughout downtown Victoria in order to show their PRIDE and solidarity with the Queer community.

The parade begins at the corner of Pandora and Government and will end in MacDonald Park located in James Bay at the corner of Oswego and Simcoe.



Jeff Keays
Committee Clerk

/jk

Saanich Pride T-shirt Mock-up.





The Corporation of the District of Saanich

Report

1420-30 HSAC

To: Parks, Trails and Recreation Advisory Committee
Healthy Saanich Advisory Committee

From: Kelli-Ann Armstrong, Senior Manager - Recreation

Date: 6/19/2019

Subject: June 2019 Monthly Report

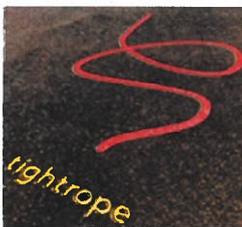
RECOMMENDATION

That the Parks, Trails and Recreation and Healthy Saanich Advisory Committees receive this report as information.

PURPOSE

The purpose of this report is to provide the Committees with an overview of the previous month's Recreation Division activities.

DISCUSSION



Physical Literacy Project rolls out in Saanich Recreation Centres this June

The Physical Literacy Indoor and Outdoor Markings Regional Initiative project is rolling out this summer in thirteen recreation centres throughout the region. In 2018, via the regional Health and Recreation Partnership Committee, (HARP) the Greater Victoria Active Communities were awarded a Community Wellness Grant from Island Health to fund the project. The project entailed development of semi-permanent markings for installation at recreation centres throughout the region that would highlight particular fundamental movement skills, foundational in development of physical literacy.

Participating centres had the opportunity to choose indoor or outdoor markings scaled and suitable for their spaces from a selection of colourful standardized templates. Finalized designs include line and zig-zag patterns for running, balancing and walking, foot prints for skipping, and lines, dots and lily pads for one and two foot hopping. It is intended that the markings will not only provide an engaging physical literacy activity for centre visitors, but also serve as an educational and conversational piece for continued sharing of the importance of physical literacy and fundamental movement skill development.

Like reading and writing, movement is a learned skill, and according to the International Physical Literacy Association, physical literacy encompasses the motivation, confidence, physical competence, knowledge and understanding to value and take responsibility for engagement in physical activities for life. All complex movement patterns, like hitting a baseball or dribbling a soccer ball, are comprised of

smaller foundational movements, and like learning the ABCs and 123s, mastering the fundamental movement skills at an early age sets individuals up for successful and enjoyed lifelong participation in physical activity.

When visiting our centres be sure to check out and try out the installations.

Cedar Hill Recreation Centre

On June 2nd, Cedar Hill Recreation Centre hosted a doubles clinic and exhibition match featuring Olympic Gold-Medalist and 12-time Grand-Slam Doubles Champion, Daniel Nestor as well as current Team Canada Davis-Cup Captain and ATP Pro, Frank Dancevic. The clinics, which had a total of 28 participants, provided an amazing opportunity for players of a wide range of ages and abilities to step on court with the Pros and get some excellent tips and exposure to the strategies of high-level doubles. Following the clinics, nearly 100 spectators arrived to view two sets of exhibition tennis. The first set featured Daniel and Frank pairing up with Victoria's Raj Mahal and Vancouver's Max Brown, both nationally ranked senior-level players. The second set was an exciting mixed-doubles which featured top-ranked Oak Bay Secondary player and Japanese Junior Champion Chiho Mushika, as well as Uvic No.1 Alejandra Gutierrez, originally from Colombia. The event marked a rare opportunity for tennis fans to meet and greet Nestor, arguably the most successful tennis player in Canadian history, right here in Saanich.



Gordon Head Recreation Centre

Building Maintenance staff have completed the prepping for Gordon Head's annual facility maintenance shut down June 17 - 30. Our big project this year is the installation of new exhaust fans in the pool area which will reduce noise, improve sound quality, and keep the system running 24/7. The existing fans are so loud, patrons request them to be turned off during waterfit and early morning swimming, thus impacting air quality and the ability to remove humidity from the pool deck. Other projects include replacing pumps/ motors/shower controls/valves, rebuilding the deck shower, draining all pools,

checking tile and re-grouting the pools, electrical and mechanical work, re-finishing the floors, painting, minor construction, and much more. We hire a number of casual labourers to do this work, as well as our entire Building Services Worker team. We are also replacing the panels in the pool climbing wall.

Our new outdoor Physical Literacy markings 'official' unveiling took place on June 15th from 10:00am-12:00pm, (installed beside the outdoor ping pong table by Skate Park). In celebration, we hosted a free outdoor Kindergym with activities, light refreshments and small prizes to be won.

Summer ECO Camps for preschool-aged children are all full with waiting lists. We offer six weeks of ECO camps and alternate between Beaver Lake and Swan Lake. The demand for these camps was incredibly high this year, with many filling up on the first day of registration. We currently have 110 children on the wait list.

Aquatics hosted a free Family Swim sponsored by Fortis BC on June 9, as well as our 5th Trans, 2 Spirit, Non-Binary swim on May 21 from 6:30-8:30pm.

G.R. Pearkes Recreation Centre

We are winding down our Lacrosse season as we get ready to re-install the ice. During this year's Green Arena Dryfloor season, we refreshed the players' benches, rebuilt parts of the rink boards and repaired the gates. Additionally, painting was done in the dressing rooms, new stainless steel counters installed by staff and electrical lighting addressed.



The RFP for a new electric ice re-surfacer was distributed for tender and closed early June. Staff are set to evaluate this and hope to have a new re-surfacer delivered by early 2020.

The renovations of the Fitness Change room showers is still ongoing. We have had a variety of delays, but last week all the parts arrived on site, and now the finish line is in sight. Revised opening is mid July.

We are also in the final stages of allocating ice for 2019/2020. This year's allocation has proven particularly difficult, as we have had several new large requests. Capital Region Female Minor Hockey Association, is a new league requiring ice times. Across Canada, Female Minor Hockey Leagues have shown to increase/sustain female participation in the sport. We have worked closely with the new league and other groups to find ice for them within the already heavily subscribed arenas at G.R. Pearkes. Outside of our regular groups, we only have a few hours available each week, primarily during the day and after midnight. There is no available Ice during the prime afterschool, evening and weekend times. As a public recreation centre, we strive for a balance for all of our users, programs, and rental groups. We will continue to do the best we can, given the scarcity of ice not only in Saanich, but also in the region.

Saanich Commonwealth Place

May 13th – Waterfit at Commonwealth Place was highlighted in the Saanich News. The emphasis of the article was focused on one of our terrific instructors - JoAnn Gillespie - as well as the welcoming environment, suitability for any age or skill level, and the affordability of a pass with Saanich.

May 16th – several of the senior programmers and administrative staff joined the group from Community Services for a presentation on the cultural make up of Saanich and Greater Victoria based on 2016 stats. The presentation was hosted by the Intercultural Association of Greater Victoria, it was eye opening and informative session for all of those that attended.

On the evening of May 21st, SCP hosted a dinner and learn on High Performance Sport Clubs and their affiliation, for council members.

The Best in the City contenders have been announced and Commonwealth Place has been voted in the top 3 – we will find out where we rank in the Top 3 later this month!

On June 8th SCP hosted a ParticipACTION Mermaid Afternoon Swim funded by a \$400 ParticipACTION Community Better Grant. Over 240 people attended the swim – many of the children (mostly girls, but a few boys and parents) were put into

tails, while other people brought their own tails or just wanted to try the monofin.

There was also a craft table where participants made jelly fish and a spin wheel for Saanich swag. Overall, the whole event was a resounding success.



SCP has also been awarded a Swim to Survive Lifesaving Grant for \$1000. This will be used to support Swim to Survive week July 21 –

27. This will provide marketing materials and patron education. A special thanks to Programmer Alison Sheehan, for submitting both grant applications.

Prepared by:



Kelli-Ann Armstrong Senior Manager, Recreation