

**\*REVISED\* AGENDA**  
**HEALTHY SAANICH ADVISORY COMMITTEE**  
Saanich Municipal Hall, Committee Room #2  
Wednesday January 24, 2018 at 6:00PM

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1. **ADOPTION OF MINUTES** (attachment)
  - November 22, 2017
2. **COMMENTS FROM THE CHAIR**
3. **REVIEW OF TERMS OF REFERENCE** (attachment)
4. **SCHEDULE OF REGULAR COMMITTEE MEETINGS** (attachment)
  - Discussion as per Section 85(a) of Council Procedure Bylaw 2015, No. 9321
  - Staff memo
5. **STRATEGIC FACILITIES MASTER PLAN** (10 minutes)
  - Presentation from Facilities Planning plus questions. See info at link below:  
<http://www.saanich.ca/EN/main/local-government/departments/engineering-department/strategic-facilities-master-plan.html>
6. **SCAN UPDATE**
  - Presentation from SCAN representative.
7. **DIVISION UPDATE, RECREATION** (attachment)
  - Presentation from Senior Manager of Recreation
8. **WORKING GROUP UPDATE** (attachment)
  - Discussion of Multicultural Working Group's activities and meeting schedule.

\* Adjournment \*  
Next Meeting: TBD

Please advise Jeff Keays the committee secretary at [jeff.keays@saanich.ca](mailto:jeff.keays@saanich.ca)  
or 475-1775 local 3430 if you are unable to attend.

**Go Green!**  
**Members are encouraged to bring their own mug to the meeting.**

**MINUTES**  
**HEALTHY SAANICH ADVISORY COMMITTEE**  
Held at the Saanich Municipal Hall, Committee Room #2  
**November 22, 2017 at 6:00 p.m.**

Present: Chair: Councillor Colin Plant

Members: Dorthy Rosenberg, Jean Hodgson, Philip He, Jasmindra Jawanda, Peg Orcherton, School District #61 Representative

Staff: Kelli-Ann Armstrong, Senior Manager, Recreation Services; David Williams, Manager; Troy McKay; Cameron Scott, Manager of Community Planning; David Izard, Planning Technician; Elizabeth van den Hengel, Committee Clerk.

Regrets: Nadia Rajan, Marsha Henderson, Marlene Davie, Merie Beauchamp

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**MINUTES**

**MOVED by P. He and Seconded by D. Rosenberg: "That the Minutes of the Healthy Saanich Advisory Committee meeting held September 27, 2017, be adopted."**

**CARRIED**

**CHAIR'S REMARKS**

The Chair provided the Committee with updates and the following highlights are noted:

- The October HSAC meeting was cancelled due to unavailability of staff and Swan Lake Nature Centre being booked.
- November motion was passed by Council.
- The Chair expressed thanks to the Committee members for their year of service.

**SAANICH DEMOGRAPHICS**

The working group has begun to look at several Saanich policies and procedures through a multicultural lens and the following was noted:

- The 2016 population of Saanich reached 114,148.
- Saanich saw a 4% increase in population since 2011.
- Aboriginal people in Saanich make up 3.1% of the 2016 Saanich population.
- One in five Saanich residents is represented by a visible minority (13.7%).
- Age characteristics for immigrants who landed between 2011-2016:
  - Seniors 6%
  - Children 15%
  - Young adults 15%
  - Adults 64%
- Planning is looking for ways to engage immigrant populations.
- Translating Saanich documents into immigrant primary languages could be considered.

Committee discussion occurred and the following was noted:

- Saanich should consider an outreach person to introduce immigrants to the municipality.

- Saanich could formally support World Refugee Day.
- Updating the Strategic Plan to include more immigrant targeted supports/plans is an area that Saanich could explore.

## **ACTIVE TRANSPORTATION PLAN UPDATE**

The Acting Manager of Transportation and Development Services updated the Committee on the Active Transportation Plan. Committee discussion occurred and the following highlights are noted:

- The framework for the ATP consists of three overarching themes:
  - Connections
  - Convenience
  - Culture.
- Sidewalk building from centres and villages outward.
- New bike networks-Spine network-for all ages and abilities through Saanich
- Accessibility at bus stops and improved displays for transit information
- Steps should be taken to ensure that new mixed use developments are designed to encourage active transportation.
- Ensure that land use supports active transportation.
- Easy access to information on AT routes.
- Promote trail etiquette.
- Build partnerships with Island Health Authority and other stakeholders.

Committee discussion occurred and the following was noted:

- Shared roadways in place of complete streets could be considered going forward.
- The perception of “no cars” is perhaps a negative and Saanich could emphasize shared transportation modes.
- Messaging needs to be clear that it is not anti-car but supporting alternative mode share.
- Discussions should include future cars, for example the impact of electric cars on the municipality.

## **RECREATION UPDATE**

The Senior Manager, Recreation Services presented a report of the Recreation Highlights for October and November, 2017.

## **ADJOURNMENT**

The meeting adjourned at 8:50 pm.

## **NEXT MEETING**

The next meeting is scheduled for January, 2018.

Chair

I hereby certify these minutes are accurate.

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Committee Secretary

DRAFT

## Terms of Reference Healthy Saanich Advisory Committee

The purpose of the Healthy Saanich Advisory Committee is to promote effective communication, engagement and collaboration between the Municipality and its citizens and advise Council and recommend policies to support a healthier and more livable community.

### Mandate

The Healthy Saanich Advisory Committee will, consistent with the purpose described above, undertake the following:

- Develop and recommend policies to Council and respond to Council requests for advice and information.
- Review and provide feedback on the Strategic Plan.
- Provide a community perspective on promoting personal safety and security, a high quality physical and social environment, an atmosphere of inclusion and engagement, a unique character and quality of life in Saanich neighbourhoods, and sound growth management and community sustainability.
- Foster public awareness, recognition and support for multi-culturalism and special events.
- Facilitate the growth and development of community associations and promote effective communication between the Municipality, neighbourhoods, residents and businesses.

### Meetings

A Healthy Saanich Community Workshop was held on November 16, 2013 at the Garth Homer Centre. Over 100 participants, representing a broad cross-section of Saanich citizens, spent the day engaged in discussion on the issues that affect the Saanich community. The group also explored potential opportunities and solutions to make Saanich a healthier municipality. The summary document was received by the Healthy Saanich Advisory Committee at its June 2014 meeting.

The Committee will meet a minimum of four times per year in accordance with its regular schedule of meetings established annually at the first meeting of the year. No meetings are held during the summer and winter breaks (July, August and December). Special meetings may be held at the call of the Chair. The meeting rules and procedures will be in accordance with the Council Procedure Bylaw.

### Membership

The Committee will consist of nine (9) members including:

- One member of Council to serve as Chair, appointed by the Mayor;
- One member from the Saanich Community Association Network; and
- Seven community representatives appointed by the Council.

School District Nos. 61 and 63 may each assign a trustee to the Committee as a non-voting liaison.

The Saanich Youth Council may assign a member to the Committee as a non-voting liaison.

## Staff Support

The Parks and Recreation Department is the primary contact and together with the Planning Department will provide the required professional support. The Legislative Division will provide secretarial and administrative support.

# Memo

**To:** Healthy Saanich Advisory Committee  
**From:** Jeff Keays, Committee Clerk  
**Date:** January 24, 2018  
**Subject:** 2018 Meeting Dates for HSAC

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As per Section 85(a) of Council Procedure Bylaw 2015, No.9321, each committee shall establish a regular schedule of meetings including the date, time and place of the committee meetings.

As per the existing schedule, the meeting rooms have been booked for the fourth Wednesday of the month from 6:00pm to 8:00pm for the year, excluding July, August and December. Dates for your calendars are as follows:

January 24  
February 28  
March 28  
April 25  
May 23  
June 27  
September 26  
October 24  
November 28

No formal motion is required to approve the meeting schedule, committee consensus will suffice.

Jeff Keays  
Committee Clerk





## **The Corporation of the District of Saanich**

### **Report**

**To:** Parks, Trails and Recreation Advisory Committee  
Healthy Saanich Advisory Committee

**From:** Kelli-Ann Armstrong, Senior Manager - Recreation

**Date:** 1/15/2018

**Subject:** January 2018 Monthly Report

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### **RECOMMENDATION**

That the Parks, Trails and Recreation and Healthy Saanich Advisory Committees receive this report as information.

### **PURPOSE**

The purpose of this report is to provide the Committees with an overview of the previous month's Recreation Division activities.

### **DISCUSSION**

#### **Cedar Hill Recreation Centre**

Potters from the Cedar Hill Arts Centre supported two schools in their philanthropic efforts at Christmas. They provided finished ceramic works (bowls, mugs, objet d'arts, etc) to the Key Club at Claremont Secondary, who were raising funds for No Cat Left Behind (an organization that spays and neuters cats in Sri Lanka) and the 'Christmas Free Store' at SJ Willis where staff and community donate or purchase small items for students who are not in a position to purchase gifts and give to their families and friends. The potters were thrilled to be able to support both schools.

#### **Community Services**

Multiple classes from Colquitz Middle School held their year-end parties at The Flipside Youth Activity Centre. We have reinstated Thursday after-school drop-in as it was highly requested by the local youth with numbers already between 12-20 participants.

All funds from the 2017 Inter-municipal Wolf's Den Grant Program have been distributed with youth groups working on projects ranging from Games Groups to Aboriginal Dinners to Garry Oak Restoration Projects to rain barrel installation for water catchment.

January marks the kick off to another year of the LIFE (Leisure Involvement For Everyone) program to assist Saanich citizens who otherwise would not be able to financially afford recreation. Renewals and new registrations for LIFE are coming in daily. Jumpstart grant funding opportunities will re-open



January 15. 2017 exceeded any previous year in Jumpstart grant funding support with almost \$80,000 being allocated to assist individuals to participate in Greater Victoria sport organizations and within Saanich Recreation. We are looking forward to once again, seeing this number grow and ultimately enriching the lives of children!

Good news! Community Services successfully received two grants over the winter holidays.

1. The 2018 Age-friendly Communities Stream 2 Grant through UBCM for \$14,992 for the new *Cedar Hill Social Club*. This new club for older adults is combination of the recently 'retired' Cedar Hill New Horizons Club and the Saanich Recreation Bridge program. Now with a new membership fee and club, Saanich will be able to help grow the program with significant support. The Club "officially" started on Monday, Jan. 8<sup>th</sup> with an initial smooth transition. More activities and tweaks to the program will be made as membership grows.
2. Community Services has received a \$4,000 grant from Canadian Association for the Advancement of Women and Sport and Physical Activity (CAAWS) and will partner with the Mosjid al-Iman (local mosque) for the next two years and offer activities for Muslim girls and women.

Community Services and Cedar Hill Recreation Centre worked with the Bangladesh Canada Cultural Association of Victoria to host a Rohingya Refugee Fundraiser on Saturday, November 25<sup>th</sup>. They were able to raise over \$40, 349.00 that went directly to Oxfam Canada to aid the Rohingya relief effort.

January 13<sup>th</sup> from 12-4pm was our first Disc Golf Day at Hyacinth Park. Working with the South Island Disc Golf Society to set up a temporary 9 hole course, 70+ disc golfers of all ages came out and had a great time. Loaner discs were available for the public to come out and try this great outdoor activity. Next one is February 18.

Youth participants from our active recreation boys and girls groups at Royal Oak Middle School, facilitated by the staff at Upside Teen Centre, were treated to a special skating out trip to G.R. Pearkes Recreation Centre in December. Many students were trying out skating for the first time! It was great to see the youth helping one another on the ice, reminding staff about the importance of play and silliness when working with youth. We are never too old or too cool to try something new!

Youth from Upside Teen Centre hosted a successful Punk Rock Show in December 2017 after applying for a Saanich Youth Start Up Fund, an initiative out of the new Youth Development Strategy. The planning group did an amazing job of planning the special event, from booking youth bands from the community, arranging for audio equipment, creating their own marketing materials, and promotions. The show was attended by 80 folks from the community, including some families who braved the incredibly loud heavy metal music just to show support for their youth! We are so proud of the youth's efforts!

### **Gordon Head Recreation Centre**

January brings renewed interest in Fitness, Health and Wellness programs and Gordon Head has been particularly busy in the early mornings and early evening time periods in the weight room and in our fitness classes. Popular classes include "DanceFix," Kick Box Fit, Maximum "Hiitness," Tabata and Stretch and Strength type classes.

Holiday season day camps held at Gordon Head through the Middle School and the Recreation Centre were full this year. Participants enjoyed crafting, swimming, cooking and a variety of active play games and sports in the gym.

Gordon Head hosted its annual staff and patron "Tree Decorating Contest," in the Lobby of the centre whereby teams of staff members and a team of "Aquafit" participants decorate trees while the public votes on their favorites. Trees this year included a snowperson theme, a hockey stick tree, a Harry Potter themed tree and the winning tree done by the Aquatics staff which was themed and looked like Sesame Street's Cookie Monster. Patrons, young and old, very much enjoy the trees and this provides a great opportunity for staff to engage in conversations and build relationships with our patrons.

### **G.R. Pearkes Recreation Centre**

In November, Pearkes launched a fitness challenge to celebrate our 50<sup>th</sup> year of operations. Early in January, 2018 the first client completed the challenge with 50 hours of physical activity and won himself 5 great prizes!

The annual Day with Santa on, Dec 10<sup>th</sup> was another big success. Free movie at Silver City (Polar Express) followed by free Kindergym and Skating at Pearkes, and then over to Tillicum Centre to make a Xmas craft. Well over 200 kids enjoyed the event.

### **Saanich Commonwealth Place**

The first adult day respite program was full at 8 participants and a second session has been scheduled for 2018. Caregivers can bring the people they are caring for to the centre where they are looked after by qualified staff while the caregiver goes for a swim, works out in the weight room or attends a class.

A \$5000 donation towards the Take Heart program was received. This donation is to be used to subsidize clients who need the program, but can't afford the full cost.

The annual Xmas Cracker swim meet ran again this year from Dec 8-10. The building was filled to capacity with 683 swimmers participating.

Breakfast with Santa was a success with the program filled to capacity. A review of the program is under way to determine if there is another model to make it more efficient.

The January 1<sup>st</sup> Free Swim was attended by 212 residents.

Prepared by:   
Kelli-Ann Armstrong Senior Manager, Recreation

Approved by:   
Suzanne Samborski, Director, Parks & Recreation

## Healthy Saanich Inter-cultural Sub Committee Update

Meeting Jan 10, 2018

ATTENDING: Jasinder, Philip, Dorthy, Jean

GUEST: Kelli-Ann

There was a discussion of whether the committee had the capacity to undertake the community event proposal presented at the Dec. 2017 Healthy Saanich meeting. Other options were suggested:

1. Presentation of a play by a group of newcomer/refugee youth from VIRCS introducing diversity, barriers and issues for youth. Kelli-Ann offered to connect with the group to organise an opportunity through Parks and Recreation.
2. Recommend that council recognise inter-cultural days such as World Refugee Day, Aboriginal Days and National Multicultural Day, through a proclamation.

**Action:** Obtain a list and dates from Heritage Canada and prepare a recommendation for council by April Healthy Saanich meeting.

3. Hire a researcher to look at best practices and steps Saanich can take to embrace cultural diversity and encourage engagement. The request for proposals could be completed by the Purchasing Department but would probably take longer.

The researcher would report to Healthy Saanich. Possible scope and outcomes would be:

- a. Identify where we are now. Take a closer look at census data, municipal policies etc.
  - b. What does Saanich have to offer/support different cultures? Organisations? Services? Partnerships?...
  - c. What does Saanich need? Are there improved ways for Saanich to better explain municipal governance? Do municipal services feel welcoming?
  - d. What are the cultural barriers to accessing municipal services? Language? White privilege? Lack of understanding of municipal governance?
  - e. What do other municipalities do? Best practices? Cultural planners?...
  - f. Creation of a report with recommendations for council which would be reviewed by the Healthy Saanich Committee before presenting.
4. Possible actions by Saanich were discussed such as creating a multi-language newcomer's guide/pamphlet or improving translation and signage but these suggestions would be looked at after the researcher's report.