

MINUTES
HEALTHY SAANICH ADVISORY COMMITTEE
Held at the Saanich Municipal Hall, Committee Room #2
November 25, 2015 at 5:30 p.m.

Present: Chair: Councillor Colin Plant

Members: Merie Beauchamp, Marlene Bergstrom, Nadia Rajan, Dorthy Rosenberg, Jean Hodgson, Philip He, Peg Orcherton, School District #61 Representative

Staff: Kelli-Ann Armstrong, Senior Manager, Recreation Services; Jason Jones, Programmer II; Sandra Pearson, Community Services Manager; Elizabeth van den Hengel, Committee Clerk.

Absent: Marsha Henderson (SCAN), Nancy McDuffe, Marlene Bergstrom

Guests: Dr. N. Smith, Pacific Leadership Design; Elmarie Roberts, Haliburton Farm Society

MINUTES

MOVED by M. Beauchamp and seconded by N. Rajan, "That the minutes of the Healthy Saanich Advisory Committee meeting held September 22, 2015 be adopted."

CARRIED

HALIBURTON FARM-SEEDY SATURDAY

The Chair introduced Ms. E. Roberts from the Haliburton Farm Society. Ms. Roberts provided the Committee with overviews of Haliburton Farm and the planned Seedy Saturday event. Committee comments and responses to committee questions were noted as follows:

- Seedy Saturday is an annual that promotes local food security and community building.
- Seedy Saturdays are currently held in numerous municipalities. The Haliburton Farm event has outgrown its on site location.
- Haliburton Farm has a Seedy Saturday planned for January 9, 2016 from 10:00 am until 2:00 pm.
- Community Associations should be approached for assistance in funding the event and for increasing community awareness for the event.
- Vendors are paying a fee to participate in the Saanich Seedy Saturday.
- A \$500.00 facility fee payable to the Horticulture Centre of the Pacific is required to hold the event this year.
- The Chair noted that both the Horticulture Centre of the Pacific and the Haliburton Farm receive operational grants from Saanich

- MOTION:** **Moved by M. Beauchamp and seconded by N. Rajan: “That the Healthy Saanich Advisory Committee requests that Council;**
- A. Support the Seedy Saturday initiative proposed by Haliburton Farm Society; and**
 - B. Allow the use of the Saanich logo on materials associated with the planned Seedy Saturday event; and**
 - C. Consider funding this year’s Seedy Saturday event up to \$500.00.”**

CARRIED

YOUTH DEVELOPMENT STRATEGY

The Senior Manager of Recreation introduced Dr. N. Smith, Pacific Leadership Design, Sandra Pearson, Manager, Community Services and Jason Jones, Programmer II Recreation. Dr. Smith, Ms. Pearson and Mr. Jones provided an update on the Youth Development Strategy (YDS) and the following was noted:

- Youth population (defined for the strategy as ages 11 – 18) in Saanich has been steadily declining since the previous Youth Development Strategy 2003.
- Young persons ages 11 -18 are experiencing unprecedented challenges from multiple social, economic and health related forces.
- The youth and public engagement phase of involved over 1100 persons in 44 engagements including youth, community members, schools and other youth serving organizations.
- Work was done using a process called “Appreciative Inquiry” which taps into the positive elements of recreation and parks and captures participants’ dreams of the future.
- The following challenges have influence the document’s strategic priorities:
 - Sedentary lifestyle
 - Anxiety and stress
 - Over-protection
 - Nature Deficit
 - Financial Pressures
 - Lack of Introductory Activities
 - Skill Deficits
- The identified challenges evolved into the six strategic priorities in the document:
 - Increase Participation
 - Collaboration
 - Social Well-Being
 - Risk and Outdoor Play
 - Youth Spaces
 - Communication
- The six strategic priorities are supported by specific goals, action and outcomes which are detailed in the implementation plan.
- The Vision Statement for the 2015 Youth Development Strategy is “Inspired youth, creating their future”.

Committee comments and responses to committee questions were noted as follows:

- Community Associations should be made aware of the YDS. Community Associations could be a good partner with the YDS.
- Risk in play should be started at younger ages.
- Adult education on the benefits risk in play for youth would be valuable.
- Saanich should look at expanding opportunities for families with younger children.
- Connectedness helps with mental health in youth.
- Increasing participation by substantially lowering fees for youth at Saanich Recreation Centres could be explored.

MOTION: **Moved by J. Hodgson and seconded by N. Rajan: “That the Healthy Saanich Advisory Committee recommends Council;**
A. Adopt the Youth Development Strategy; and
B. Encourage measures to reduce cost barriers for youth at Saanich recreation facilities.”

CARRIED

REVIEW OF HEALTHY SAANICH ADVISORY COMMITTEE WEB-SITE PAGES

Postponed.

SCAN UPDATE

Postponed.

RECREATION HIGHLIGHTS

A report dated November 13, 2015, from the Senior Manager of Recreation Services, was circulated to committee members.

LGBTQ SUB-COMMITTEE UPDATE

The Chair updated the Committee on the adjudication of the applicants for the LGBTQ Sub-Committee. The LGBTQ Sub-Committee will provide updates to HSAC in the format of the SCAN and Recreation Updates. Committee discussion occurred and the following was noted:

MOTION: **Moved by M. Beauchamp and seconded by D. Rosenberg: “That the Healthy Saanich Advisory Committee recommends;**
A. That all eleven applicants and the Chair of Health Saanich Advisory Committee be appointed the LGBTQ Sub-Committee; and
B. The proposed Terms of Reference for the LBGTQ Sub-Committee be approved with the amendment of supporting membership of 12 individuals including the Chair.”

CARRIED

ADJOURNMENT

The meeting adjourned at 7:35 pm.

NEXT MEETING

The next meeting is scheduled for January 27, 2016.

Chair

I hereby certify these minutes are accurate.

Committee Secretary