

AGENDA
For the Special Meeting of the Healthy Saanich Advisory Committee
To be held in Council Chambers
Saanich Municipal Hall, 770 Vernon Avenue
Wednesday, January 6, 2021 - 6:00 p.m. – 8:00 p.m.

Due to COVID-19 measures, Saanich is unable to accommodate the public for any Council, Committee of the Whole, Advisory, Board or Foundation meetings while maintaining the limits on large gatherings due to the Public Health Order.

As per the Order of the Minister of Public Safety and Solicitor General, *Emergency Program Act*, Ministerial Order No. M192, public attendance at the meeting is not required if it cannot be accommodated in accordance with the applicable requirements or recommendations under the *Public Health Act*.

To hear this meeting by telephone, please call 1-833-353-8610, access code 9232581#.

- 1. TERRITORIAL ACKNOWLEDGEMENT AND DIVERSITY, EQUITY AND INCLUSION STATEMENT**
- 2. ADOPTION OF MINUTES** (attachment)
 - November 4, 2020
- 3. CHAIR'S COMMENTS / WELCOME AND INTRODUCTIONS**
- 4. BRAINSTORMING SESSION**
- 5. REVIEW OF COMMITTEE MEETING DATES**
- 6. REVIEW OF TERMS OF REFERENCE**
 - For information
- 7. DIVISION REPORT – COMMUNITY SERVICES**
 - For information - C. Caravaca, Senior Manager, Community Services

* Adjournment *
Next Meeting: February 3, 2021

Traditional Territorial Acknowledgement

*It is appropriate that we begin by acknowledging that our municipality lies within the traditional territories of the Lkwungen (Lay-kwung-gen) peoples known today as Songhees and Esquimalt Nations and the **WSÁNEĆ** (weh-saanich) peoples known today as **WJOŁEŁP** (Tsartlip), **BOKÉĆEN** (Pauquachin), **STÁUTW** (Tsawout), **WSIKEM** (Tseycum) and **MÁLEXEŁ** (Malahat) Nations.*

Diversity, Equity and Inclusion Statement

We are committed to celebrating the rich diversity of people in our community. We are guided by the principle that embracing diversity enriches the lives of all people. We all share the responsibility for creating an equitable and inclusive community and for addressing discrimination in all forms.

**MINUTES OF THE
HEALTHY SAANICH ADVISORY COMMITTEE MEETING**
Held at Saanich Municipal Hall, Council Chambers
November 4, 2020 at 6:04 p.m.

Present: **In Person:**
 Councillor Ned Taylor (Chair), Clare Attwell, Carren Dujela, Silvia Mangué Alene, Holli Rockerbie

Via Teleconference:
 Rosie Croft, Ryan Henderson, Jasmindra Jawanda, Teale Phelps Bondaroff, Nadia Rajan, Abigail Toledo

Staff Present: Cristina Caravaca, Senior Manager, Community Services and Lynn Merry, Senior Committee Clerk

Regrets: Teri VanWell, School District 63 Liaison

ADOPTION OF AGENDA

MOVED by C. Dujela and Seconded by C. Attwell: “That the agenda for the Healthy Saanich Advisory Committee meeting of November 4, 2020 be amended to include Introductions.”

CARRIED

ADOPTION OF MINUTES

MOVED by R. Croft and Seconded by C. Attwell: “That the minutes of the Healthy Saanich Advisory Committee meeting of October 7, 2020 be adopted, as amended.”

CARRIED

CHAIR’S REMARKS

Councillor Taylor advised that the Mayor made changes to Advisory Committee Chairs and he is very excited that he has been appointed as Chair of the Healthy Saanich Advisory Committee. He also advised that Councillor Chambers passed on her thanks to the committee for their hard work.

INTRODUCTIONS

Roundtable introductions of the Chair, committee members and staff took place.

DIVISION REPORT – COMMUNITY SERVICES

The Senior Manager of Community Services presented the Division Report and answered questions from the committee as follows:

- In terms of Dementia Friendly, Saanich partners with external agencies such as VIHA to

- provide services or host events; dementia work falls under the Older Adult Strategy.
- Saanich is an Age Friendly City.
- Saanich has received a “Plan H – Community Connectedness” grant; before COVID-19, the grant was to be used for community based dinners in an effort to find out areas that the community wished to explore or be supported on.
- The Victoria Native Friendship Centre has been capturing elder’s stories and languages.
- Staff has been tasked with broadening the scope of community arts and engaging the community; art has been expanded into existing programs and has been a component of the Cadboro Bay Festival and the HeArts Together Community Art Project.
- Community Services oversees the exhibitions at the Municipal Hall and the Cedar Hill Recreation Centre.
- Saanich does not have its own dedicated Arts Council but staff sit on regional arts committees.
- Saanich is always looking for ways to be more engaged with the community.

Committee members made the following comments:

- The knowledge base of elders and seniors of indigenous and new Canadians could be captured through food and stories.

REVIEW OF SUCCESSES AND PRIORITIZATION OF NEW ITEMS

Roundtable discussion took place on the successes of the committee including:

- Work on the LGBTQ2+ and Embrace Saanich Reports and the Indigenous Interdepartmental Working Group which will inform the work of the Diversity, Equity and Inclusion Strategic Plan.
- Creation of the Temporary Equity and Inclusion Statement.
- Work of the Multicultural Subcommittee.
- Increasing diversity on committees and subcommittees.
- Creation of an environment that is welcoming to all.
- Creation of a safe space for building relationships.

The committee made the following suggestions for items to be discussed or learning opportunities for future committee meetings:

- Summary of recommendations of the committee to date and whether or not actions have been taken.
- Mobility/Accessibility.
- Sexual Health and Equity - increasing access to menstrual products and access to condoms in Saanich facilities.
- Period Project presentation to the committee.
- Reducing noise pollution.
- Social Purpose Real Estate Collaborative (SPRE) – creating communities that are resilient and working collaboratively.
- Health of non-profit organizations in the region.
- SCAN/Community Association updates.
- School District Liaison updates.
- Increasing access to mental health support.
- Mental health first aid training.
- Safe and secure housing and support systems available.

- Addressing the overdose crisis in BC.
- Palliative support/care for the homeless.
- One Planet Saanich goals.
- Greater Victoria Acting Together priorities.
- Climate Action Plan.
- What does climate change and land use planning mean to Indigenous groups.
- Welcoming/Sanctuary Cities – where is Saanich on this?
- Victoria’s Welcoming Cities Task Force could be invited to present.
- More information on a participatory budget process would be appreciated.
- Developing partnerships for youth sports and recreation.

The committee made the following comments:

- Shorter agendas would allow committee members to focus more and provide fulsome discussion on specific items.
- Having an action oriented agenda would be helpful.
- Climate change will have an impact on the health of the community.
- It would be helpful if a framework idea/recommendation could be provided to the committee in advance, where appropriate.
- There may be other committees that are doing some of the work listed in the prioritization list.
- There may be a need for subcommittees to look at specific, larger items.
- Councillor Taylor advised that he will send a questionnaire to committee members to have them provide ideas for items to be discussed at meetings or educational opportunities that might be appropriate; he would also like to meet one-on-one with each committee member.

ADJOURNMENT

MOVED by C. Attwell and Seconded by H. Rockerbie: “That the meeting be adjourned at 7:43 p.m.”

CARRIED

NEXT MEETING

January 6, 2021, 6 p.m. in Council Chambers

Councillor Taylor, Chair

I hereby certify these minutes are accurate.

Committee Secretary



The Corporation of the District of Saanich

Report

To: Healthy Saanich Advisory Committee

From: Cristina Caravaca, Senior Manager- Community Services

Date: January 6th, 2021

Subject: Community Services Division Update

RECOMMENDATION

That Healthy Saanich Advisory Committee receive this report as information.

PURPOSE

The purpose of this report is to provide the Committee with an overview of Community Services division activities.

DISCUSSION

Inclusion and Accessibility: Despite the health climate we find ourselves in, Saanich Commonwealth Place has stepped up to the plate to offer care for children 5-12yrs over this holiday season. Although spots are limited, each week of Winter Holiday Camp will include two children requiring 1-on-1 Inclusion Leader support. Saanich has worked very closely with Recreation Oak Bay to support families looking for care, when our camp waitlists have created additional barriers for participation with Inclusion Leader support.

Registration for Spring Break Camps opened earlier this month. In the first week alone, we have seen an increase in new families registering with Saanich that require 1-on-1 support for their children. Where we would normally see new families during summer registration, the consensus from parents is that they are coming to Saanich now to prepare for summer and the diverse programs we offer.

Departmentally, Inclusion and Accessibility has been working closely with Older Adult Services as the Sign Strategy nears completion. Discussions with the Rick Hansen Foundation and the Canadian National Institute for the Blind (CNIB) has generated conversations internally for the need for staff training at the supervisory and frontline level on how to support the diverse abilities of people using our facilities. As well as, creating welcoming and safe environments for gender diverse persons in our community.

Community Arts: The "Healing through the Arts" program for the Victoria Women's Transition House wrapped up in December. This program provided healing art experiences to women who have survived domestic violence. "Women who have experienced trauma found this arts program to be one of the most effective ways to begin their healing journey," said the Transition House's Program Manager, "I am always amazed at the heart-felt creative results coming from this program and women are lined up to attend again and again." We hope to continue our partnerships with Transition House in 2021.

Diversity and Equity: Community Services was awarded two \$1400 grants from "Give it a Try! BC 55+ Games". Greater Victoria is scheduled to host the 2021 BC 55+ Games. This event will provide

anyone over the age of 55 an opportunity to try a new sport at the local community centre. It is an opportunity for members of the community to come together through sport to learn more about the 55+ BC Games and the services and programs at their local community recreation centre in a fun and supported environment.

If it proceeds as planned, Saanich Commonwealth Place will host archery, darts, badminton and possibly swimming activities in February. Cedar Hill will follow in April with a focus on table tennis, tennis, badminton, and possibly bridge. The emphasis for these sessions will be to reach out to isolated, multicultural and Indigenous seniors. All plans are contingent upon Provincial Health Order related to COVID19.

Financial Assistance: An additional BCRPA grant allowed us to continue our partnership with PISE (Pacific Institute for Sport Excellence) and Tillicum Elementary School through December. The funding was used to support children in after school activities. Children who do not have means or resources to engage in “out-of-school” activities, were identified by school personnel. A recent survey conducted by the school revealed that students who attended the program performed better in school, and were more likely to attend school on the days that the program was offered.

Community Services has acquired twenty-four skating/hockey helmets to share with children in Saanich who want to take skating lessons. Because helmets are mandatory for participation in activities that occur on the ice, low-income families experience a significant barrier to participation. Those who qualify to receive a helmet will also receive a \$50 grant to offset the cost of skating lessons at Pearkes Arena.

Child and Youth Services: The Upside Teen Centre has a shift in programming over this quarter. The Friday night program for 2spirit, queer, trans, and allied youth has adapted from previously being a community dinner program, to becoming an activity-based evening for youth. Each week, leaders will set up distanced games and crafts and provide the youth with individually prepared snacks. The program filled to 100% quickly. Feedback so far has been excellent, with youth saying “we have really missed coming to this space” and “I am so glad this program is finally open again!!” Friday night programs at the Cedar Hill Arts Centre have been full of youth safely gathering in a social setting. Board Games, snacks, crafting, and watching movies together have all been very popular. In the New Year, the youth will also enjoy monthly art workshops hosted by professional artists and makers from our communities.

Programs at Pearkes, in the Tillicum neighbourhood, have been widely popular, with Youth Services offering a “Wheel Riders” program as a registered drop-in at the fieldhouse. During the activity, the leaders set up Saanich’s moveable skate park. This allows youth to get out of the dark rainy night, to practice their wheel riding indoors with some fun obstacles. Many of the youth attending these programs had previously been involved with the Flipside Teen Centre, and it has been exciting to welcome them back to the building in another capacity. The Wheel Riders has been the most successful program of fall 2020, with full registration.