

AGENDA
HEALTHY SAANICH ADVISORY COMMITTEE
Saanich Municipal Hall, Committee Room #2
Wednesday September 27, 2017 at 6:00 p.m.

1. **ADOPTION OF MINUTES** (attached)
 - June 28, 2017 meeting
2. **COMMENTS FROM THE CHAIR**
3. **SCAN UPDATE**
 - Update from SCAN
4. **RECREATION HIGHLIGHTS** (attachment)
 - Update from the Senior Manager, Recreation Services
5. **WORKING GROUP REPORT**
 - Committee discussion

* Adjournment *
Next Meeting October 25, 2017

Please advise Elizabeth van den Hengel the committee secretary at
elizabeth.vandenhengel@saanich.ca or 475-1775 local 3430
if you are unable to attend.

Go Green!
Members are encouraged to bring their own mug to the meeting.

MINUTES
HEALTHY SAANICH ADVISORY COMMITTEE
Held at the Saanich Municipal Hall, Committee Room #2
June 28, 2017 at 6:00 p.m.

Present: Chair: Councillor Colin Plant

Members: Dorthy Rosenberg, Marlene Davie, Jean Hodgson, Merie Beauchamp
Marsha Henderson, Philip He, Peg Orcherton, School District #61
Representative

Staff: Kelli-Ann Armstrong, Senior Manager, Recreation Services; Troy
McKay; Jason Jones, Programmer II Recreation; Elizabeth van den
Hengel, Committee Clerk.

Regrets: Nadia Rajan, Jasindra Jawanda

MINUTES

MOVED by D. Rosenberg and Seconded by M. Henderson: "That the Minutes of the Healthy Saanich Advisory Committee meeting held May 24, 2017, be adopted."

CARRIED

CHAIR'S REMARKS

The Chair provided the Committee with updates and the following highlights are noted:

- The LGBTQ recommendations were passed by Council.
- PRIDE and Trans flags will be flown at the Municipal Hall annually.
- Older Adult Strategy received by Council.
- Saanich Sunday Farmers Market July and August from 10:00 am until 2:00 pm.

AGRICULTURE AND FOOD SECURITY PLAN

The Planner presented an update on the Agriculture and Food Security Plan, and the following was noted:

- The Agriculture and Food Security Plan (AFSP) will provide Saanich with a coordinated approach to enhance the viability and long term sustainability of Saanich agriculture and food systems.
- The AFSP contains high level actions that will guide the priorities.
- Issues related to household food insecurities and community food security will be addressed.
- Recommendations towards bridging gaps in the food system to strengthen and enhance local agriculture will be included.
- Currently staff are revising data from feedback received from the task force and public engagements.
- Opportunities for online comments until the end of July 2017.

- An Open House was held in January 2017 and two Open Houses are being planned for summer 2017.
- A draft of the Agriculture and Food Security Plan will be presented at Council following feedback at the second planned Open House.
- From the work done on the draft Plan to date seven themes and objectives have been identified.
- Seventy-one action items have been listed.

Committee discussion occurred and the following was noted:

- Allowing home-based businesses to access commercial kitchens so that their products are able to be sold commercially should be considered.
- Saanich has a role in the regulations to address field to fork innovative farming opportunities.
- A community guide to help manage the process could be produced.
- The question was raised as to how will the action items be funded?

YOUTH DEVELOPMENT STRATEGY

The Senior Manager of Recreation updated the Committee on the first year progress of the Youth Development Strategy. The following highlights are noted:

- Dramatic increase in Saanich Recreation presence in Saanich schools.
- 150 youth participate in noon hour and afterschool Saanich supported programs.
- Co-created programs between Saanich staff and youth.
- Focus for year 2 will be to increase staff from 2 persons to 4 persons.

CULTURAL CONNECTIONS

The Programmer gave the Committee an overview of Cultural Connections between the District of Saanich and residents. Highlights of the discussion are noted:

- Saanich hosts numerous programs to facilitate cultural connections such as SpeakWell Conversation Club, Chinese Community Drop in, Punjabi Women's Drop in and ABC Family Camping.
- Swimming lesson translations are available in Chinese and Punjabi.
- LIFE application available in simple Chinese.
- Saanich partner's with the Community Partner Network: Consists of 240 community organizations sharing ideas and information.
- Local Immigrant partnership which is a federal program for attracting and retaining refugees.
- The Vulnerable Immigrant Population Program with VIRCS- offering pottery and dance opportunities.
- Saanich hosts numerous cultural events: Moon Festival and Cultural Stage (Strawberry Festival and Family Day).
- Saanich supported events and programs include:
 - Komagata Maru Centennial Remembrance at SCP.
 - Vaisahi Celebration at Pearkes
 - Diwali Celebration at Pearkes and Cedar Hill
 - Syrian Refugee Welcome at Pearkes

- Youth Enable Program at Pearkes
- Community Kitchens at Saanich Middle Schools
- Staff training opportunities include:
 - Welcoming and Inclusive Workplace Training
 - Safe Harbour
 - We Speak Google Translate

WORKING GROUP UPDATE

Discussion of focus for the working group reflected a possible goal for producing a document listing all the support that Saanich offers for immigrants. The working group will meet over the summer to further clarify their goal. Suggestion was made to explore “piggy backing” on existing Saanich events with a cultural information table.

MOTION: MOVED by M. Beauchamp and Seconded by P. He: “That The Healthy Saanich Advisory Committee authorizes the expenditure of \$100.00 to provide refreshments for the working group summer meeting.”

CARRIED

SCAN UPDATE

The SCAN President update the Committee on the working group that is working with Saanich Planning to review development permit processes to identify areas that could be addressed to potentially improve the development permit process.

RECREATION UPDATE

The Senior Manager, Recreation Services presented a report of the Recreation Highlights for June, 2017.

CHAIRS REMARKS

The Chair updated the Committee on two items:

- 2017 Pride participation and a request for 1000 stickers to be purchased for distribution at the 2017 Pride Parade.
- A policy addressing inclusionary zoning with respect to housing affordability should be explored by Saanich.

ADJOURNMENT

The meeting adjourned at 8:00 pm.

NEXT MEETING

The next meeting is scheduled for September 21, 2017.

Chair

I hereby certify these minutes are accurate.

Committee Secretary

DRAFT



The Corporation of the District of Saanich

Report

To: Parks, Trails and Recreation Advisory Committee
Healthy Saanich Advisory Committee

From: Kelli-Ann Armstrong, Senior Manager - Recreation

Date: 9/15/2017

Subject: September 2017 Monthly Report

RECOMMENDATION

That the Parks, Trails and Recreation and Healthy Saanich Advisory Committees receive this report as information.

PURPOSE

The purpose of this report is to provide the Committees with an overview of the previous month's Recreation Divisions activities.

DISCUSSION

Cedar Hill Campus

The 2nd annual Summer Tennis Jamboree was held at Henderson Park on August 19th. Cedar Hill and Oak Bay Recreation invited their summer tennis camp participants to take part in this three hour event with tennis games, prizes and pizza. There were over 30 players aged 6- 12yrs participating.

One of our local players in the Cedar Hill Tennis Academy, who started playing tennis at Cedar Hill six years ago, travelled to the Canadian Junior U12 Tennis National Championships in Mont Tremblant, Quebec where he placed 7th in Canada. This is a great achievement and is a testament to this young man's determination, love of the sport and the excellent coaching he receives at Cedar Hill through the National Tennis Development Centre. He is currently ranked #13 in Canada for his age group!

In August, the Arts Centre at Cedar Hill took on the scheduling of gallery exhibitions following the Victoria Arts Council's departure to their new downtown location. An exhibit of works by the instructors at the Arts Centre recently closed. Here's what on now and what's coming soon!

September 6-October 1, 2017

- Main Gallery: Todos los Colores - Works by Karen Muntean & Hazel Harris
- Café Gallery: Big Canadian Stuff, Eh! - Works by Island Illustrators Society

October 4-29, 2017

- Main & Café Gallery: Victoria FCA Fall Exhibition - Works by the Federation of Canadian Artists - Victoria Chapter



Community Services

Music in the Park 2017 was very successful with great weather and increasingly larger crowds attending each concert. A new concert was added on Aug 29th at Rudd Park for a Youth Showcase and hosted three local middle school and high school age bands. This event was requested during and part of the implementation of the Youth Development Strategy.

The Flipside Teen Centre (Pearkes), in partnership with Old Navy (ON) Tillicum, piloted a free Job Readiness Program which was well-received by youth and took place in both the Youth Activity Centre and the store. Four ON staff provided information about working in a retail environment, policies and expectations in an engaging, informative way, as well as facilitating a self-directed skills assessment. Participants made connections with this potential employer and Saanich is hoping to offer the program again this fall.



Saanich Youth Services placed, trained and mentored 28 Interns who worked in a variety of day camp and community settings this summer! These are our future leaders, both in recreation settings and in schools and in community.

Community Services created KidsFUNd in the spring of 2012 in response to the financial need from families to support their children in recreation. To date, KidsFUNd has supported 110 children to the tune of \$13,000+ so kids can swim, skate, and attend summer camp! KidsFUNd encourages the employees of Saanich to be creative in their fundraising efforts so we can contribute to this ACTIVE initiative to help our leaders of tomorrow be physically active and socially engaged.

Our annual KidsFUNd celebration day held in conjunction with Strawberry Festival proudly partners with Quadra/McKenzie Thrifty Foods and the Saanich Fire Department raised over \$1600 while we cooked up over 400 hot dogs! A few hours of our positive collaboration will result in 32 children taking a set of swim or skate lessons who otherwise may not have the funds to do so. Thank you Thrifty Foods and Saanich Fire!

IPAL, Intergenerational Physical Activity Leadership, is a program that was introduced to Saanich in the fall of 2015. Bringing together grade 5 students, grade 10 students and older adults, identified leaders from these groups were trained to facilitate playground games during the lunch/recess portion of the elementary school day each fall. After two years we are presently preparing for year three and looking to expand by adding a spring session.

G.R. Pearkes Recreation Centre

Power Skating Camps were extremely popular through the month of August as families gear up for hockey season. These camps were all full with waitlists and are run by Edges On Ice Power Skating. Power skating programs have seen a very gradual increase over the last couple of years, as young skaters realize the importance of learning the fundamentals of skating in order to improve their performance in hockey.

Layout changes were made to the Pearkes Weight Room over the summer based on feedback from patrons during the spring. The stretching and free weight areas were increased with the movement of a number of machines which provided the space to allow for greater individual flexibility in exercise options. These changes in the layout of equipment and space in the weight room have been met with positive comments and feedback from regular users of the space.

The Victoria Jr. Royals Major Midget Hockey Team has joined Pearkes this fall as one of our regular hockey programs in the building. The players on this team are all attending Spectrum Hockey Academy and the team practices during the day, Monday to Friday, filling some of the last remaining open ice slots in our overall allocation of ice. They will play the majority of their games at Pearkes as their new "home" rink.

Upcoming events:

September 16 – Bridal Exhibition

September 29 to October 2 – Victoria Baby Fair

October 7 – Kids Mega Garage Sale

Gordon Head Recreation Centre

This year the pool was very busy with public lessons which included \$5 swim lessons, Lightning Fast Swim Series and Adult lessons. 1,002 registrants received lessons this summer. Private lessons saw 175 registrants who collectively took 912 lessons through July and August.

In addition, we had 1,173 people attend our free Friday swims. Typically we see about 20 public visits per day for our Everyone Welcome Swim. On free Fridays, we topped out at 189 visits. To accommodate the increased visits, we increased staffing by a total of 8 staffing hours. This was a great

way to give back to our community and get residents enjoying the pool. For 2018, we will explore additional opportunities to offer free access.

Lastly, the pool hosted a lifeguard competition, where lifeguards locally and from Vancouver were able to practice and demonstrate their skills in a friendly competition.

Saanich Commonwealth Place

We are starting to unwind after a very busy summer, where camps were full to capacity.

Canada 150 celebrations at SCP included transforming our community corner with flag themed art work by preschool participants, and serving a large birthday cake to the public.

SCP was delighted to be voted "Best Recreation Centre" and "Best Pool" in the 2017 "Best in City" contest. Although we have been voted "Best Pool" many times, it was the first time SCP won the "Best Recreation Centre" category.

SCP classes advertised on social media have been getting extremely high views on Facebook. For example, the 50+ Stretch and Strength had 20,000 hits, so we are celebrating how well social media advertising is supporting our attendance at SCP.

On the pool side, the summer was busy with a number of meets. At this summer's FINA Aquatic World Championships hosted in Budapest, Hungary, 6 swimmers who call SCP their home pool competed.

Upcoming aquatic events:

Junior Pan-Am diving Championship- September 28, 29, 30 & October 1

ISC Time Trail – October 14

Swim with the Vikes – October 15

Submitted by

Kelli-Ann Armstrong
Senior Manager - Recreation

Approved by

Suzanne Samborski
Director, Parks and Recreation

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