

**AGENDA**  
**HEALTHY SAANICH ADVISORY COMMITTEE**  
Saanich Municipal Hall, Committee Room #2  
Wednesday June 28, 2017 at 6:00 p.m.

---

1. **ADOPTION OF MINUTES** (attached)
  - May 24, 2017 meeting
2. **CHAIR'S REMARKS**
3. **AGRICULTURE FOOD AND SECURITY PLAN**
  - Presentation from Planning
4. **YOUTH DEVELOPMENT STRATEGY UPDATE** (attachment)
  - Presentation from Recreation
5. **CULTURAL CONNECTIONS**
  - Presentation from Recreation
6. **WORKING GROUP REPORT**
  - Committee discussion
7. **SCAN UPDATE**
  - Update from SCAN
8. **RECREATION HIGHLIGHTS** (attachment)
  - Update from the Senior Manager, Recreation Services
9. **CALL FOR AGENDA ITEMS**

\* Adjournment \*  
Next Meeting September 27, 2017

Please advise Elizabeth van den Hengel the committee secretary at  
[elizabeth.vandenhengel@saanich.ca](mailto:elizabeth.vandenhengel@saanich.ca) or 475-1775 local 3430  
if you are unable to attend.

**Go Green!**  
**Members are encouraged to bring their own mug to the meeting.**

**MINUTES**  
**HEALTHY SAANICH ADVISORY COMMITTEE**  
Held at the Saanich Municipal Hall, Committee Room #2  
**May 24 at 5:30 p.m.**

Present: Chair: Councillor Colin Plant

Members: Dorthy Rosenberg Merie Beauchamp, Nadia Rajan, Jasmindra Jawanda, Marsha Henderson, Philip He, Peg Orcherton, School District #61 Representative

Staff: Kelli-Ann Armstrong, Senior Manager, Recreation Services; Troy McKay; Jason Jones, Programmer II Recreation; Elizabeth van den Hengel, Committee Clerk.

Regrets: Marlene Davie, Jean Hodgson

Guests: Dave Lau, Executive Director, Victoria Immigrant and Refugee Centre; Michelle Sealy; Scott Treble, Saanich Police; Niki Sundher, Saanich Police

---

**MINUTES**

**MOVED by M. Henderson and Seconded by N. Rajan: "That the Minutes of the Healthy Saanich Advisory Committee meeting held March 29, 2017, be adopted."**

**CARRIED**

**PRESENTAION FROM THE VICTORIA IMMIGRANT AND REFUGEE CENTRE**

The Executive Director of the Victoria Immigrant and Refugee Centre (VIRCS), provided the Committee with a brief overview of the Centre. The following highlights are noted:

- Saanich's Program Coordinator works with the VIRCS developing programs and outreach to assist new comers.
- Settlement/newcomer integration should have a place in municipal government.
- There is no formal welcome to the region.
- Numerous community groups have supported VIRCS events to support newcomers.
- Last year an event was hosted by the Songhees First Nations with support from the Township of Esquimalt and the Westshore Chamber of Commerce and VIRCS to highlight services available to newcomers/immigrants to the region.
- Feedback from last year's event highlighted the need for transportation to and from events, hosting events in warmer weather and having tours of municipal halls.
- Resettlement planning is a service offered by VIRCS and partners Saanich, VIH and others.
- Tours of Council Chambers should be given to explain how local government works and to encourage immigrant/newcomer participation in local government.

## **PRESENTATION FROM THE SAANICH POLICE**

The members of Saanich Police updated the Committee with outreach to diverse groups within Saanich and the following was noted:

- Saanich Police have a long history of supporting culturally diverse groups within Saanich.
- Mountain bike section has had success building relationships through the Native Friendship Centre.
- When reaching out to diverse groups the police will often participate in group events in civilian attire. As trust is fostered with the group officers will start to attend events in uniform.
- The police have helped host sports events (basketball) to foster relationships with youth.
- It is hoped to have some sponsored bursaries available for the Fall of 2017.

## **ACTIVE TRANSPORTATION PLAN**

The \*\* updated the Committee on the Active Transportation Plan. The following highlights are noted:

- More than 2000 residents have been involved in the public engagement opportunities.
- Health is the number one reason why survey respondents say they walk and bike.
- Gaps in the network is the top barrier to walking and cycling, as reported by survey respondents.
- Two reports have been prepared based on the results of the first phase of public engagement. These reports are available online.
- The Moving Saanich Forward team is currently developing a draft pedestrian and cycling network plan along with recommendations for the draft Active Transportation Plan.
- The second round of public engagement opportunities are currently being developed.

## **OLDER ADULT STRATEGY**

The Manager Community Services and the Programmer II Recreation updated the Committee on the Older Adult Strategy. The following Committee comments are noted:

- Recreation passes that clearly show what is included would be helpful.
- Considering renaming recreation centres as both “Community Centres and Recreation Centres” was mentioned.
- Global cafes with ethnic foods to encourage ethnic participation could be considered.
- Hosting a “Seniors Resource Fair”.
- Creating community health hubs at the recreation centres should be investigated.

## **RECREATION UPDATE**

The Senior Manager, Recreation Services presented a report of the Recreation Highlights for April and May, 2017. The Recreation Manager distributed a draft report on the LGBTQ Committee to the Committee.

**CHAIRS REMARKS**

The Chair updated the Committee on two items:

- 2017 Pride participation and a request for 1000 stickers to be purchased for distribution at the 2017 Pride Parade.
- A policy addressing inclusionary zoning with respect to housing affordability should be explored by Saanich.

**ADJOURNMENT**

The meeting adjourned at 8:00 pm.

**NEXT MEETING**

The next meeting is scheduled for June 28, 2017.

\_\_\_\_\_  
Chair

I hereby certify these minutes are accurate.

\_\_\_\_\_  
Committee Secretary

DRAFT

# Youth Development Strategy Report Year One - 2016



The first year of implementation of the Youth Development Strategy (YDS) was a great start to this five year plan for Saanich Parks and Recreation. Over the course of the year, we made progress in all six of the strategic priorities identified within the YDS.



## Increase Participation



New programs and services are offered for beginners and marginalized groups of youth in our communities.

### Highlights from 2016

- **FREE Weightroom Orientations for teens**
- New co-created LGBTQ2+ parent education/support group and youth dinner club at SCP
- New affordable programs at the Recreation Centres (e.g. late night teen swim at SCP, cooking program at GHRC, pop up art gallery in conjunction with CHRC)
- New streamlined procedures to increase access for youth to the Leisure Involvement for Everyone (LIFE) program

## Collaboration



We have enhanced relationships with our community partners, most notably School Districts 61 & 63.

### Highlights from 2016

- **200+ youth engaged through new introductory programs offered at schools as a result of enhanced partnerships with our School Districts**
- One day career explorations for Gr. 8's in collaboration with School District 61
- Hosted a cross departmental youth think tank which brought together numerous Saanich departments including: Legislative Services, Emergency Management, and Planning

## Risk and Outdoor Play



Youth in our community continue to express a desire and a need for more youth friendly elements in our parks system.

### Highlights from 2016

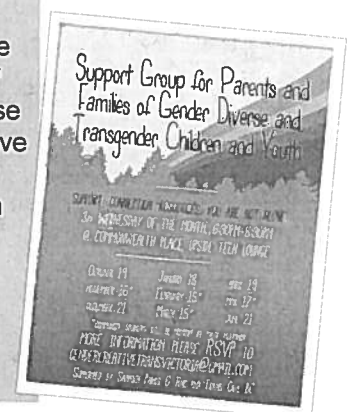
- **Parks adopts new youth engagement practice in their park planning process (e.g. Tolmie Park, McMinn Park)**
- Saanich Parks & Recreation officially endorses the ParticipAction Position Statement on Outdoor Active Play
- Successfully piloted a new low cost outdoor focused adventure program for youth 11-14 at Copley Park. This program was the first to adopt our new risk benefit assessment process
- Began work with Arbutus Middle School towards a new School-Park Stewardship Program



### "CAN YOU TELL MY PARENTS I'M D-K?"

This is a common question we hear from the youth we work with who identify as queer and/ or trans. Lack of family support puts youth at incredible risk. In response to this growing need, and the youths' requests, we have partnered with TransCareBC to offer a monthly family support group. This recent school year, we have seen about 20 families attend these meetings every month supporting their youth and creating a community of support for one another.

— **A. GODDARD** Youth Programmer  
Upside Teen Centre (SCP)



## Social Wellbeing



Youth Services plays a much needed preventative role in the overarching goal of improving the health and wellbeing of youth.

### Highlights from 2016

- **150+ students reached by new wellness programs**
- New peer anxiety program with Lambrick Park Secondary School
- 'Girls on Fire' career planning program at Shoreline Middle School
- Hosted showing of *Screenagers* for families with youth to help them navigate the digital landscape
- New noon hour support program for girls at Royal Oak Middle School



## Youth Spaces



The three teen centres (Flipside @ Pearkes, Upside @ SCP, Backdoor @ GHRC) continue to provide a much needed service, acting as a resource hub and a safe accessible space for youth to gather, stay connected, and be informed. Ongoing programming reflects the needs of each community and their success has remained strong throughout 2016.

With new supports we were able to devote more time to community development and an increase in collaboration with neighbourhood partners.

### Highlights from 2016

- **As a result of funding for new Youth Leader II positions we saw an increase in participation through additional program offerings, as well as improved community connections**
- Enhanced community partnership between Saanich Neighbourhood Place and the Flipside Teen Centre
- Began outreach to the Cedar Hill neighbourhood
- New stove and venting approved for Upside Teen Centre at SCP
- Further investment in the Youth Program Quality Initiative in our teen centres

## Communication



Is our message getting through? We continue to assess the complexities of communicating with youth as we engage youth in discussing what methods of communication work best.

### Highlight from 2016

- **Four engagements with youth towards developing our Youth Communication Advisory Team**



## Looking Ahead To 2017

Year 2 of our YDS will provide opportunity to enhance our existing initiatives while developing new relationships and community partnerships to strengthen our service to youth in Saanich.



## The Corporation of the District of Saanich

# Report

**To:** Parks, Trails and Recreation Advisory Committee  
Healthy Saanich Advisory Committee

**From:** Kelli-Ann Armstrong, Senior Manager - Recreation

**Date:** 6/15/2017

**Subject:** June 2017 Monthly Report

---

### RECOMMENDATION

That the Parks, Trails and Recreation and Healthy Saanich Advisory Committees receive this report as information.

### PURPOSE

The purpose of this report is to provide the Committees with an overview of the previous month's Recreation Divisions activities.

### DISCUSSION

#### Special Events

Tolmie Park Community Celebration  
Saanich Parks & Recreation in partnership with the Quadra Cedar Hill Community Association will be hosting a Community Celebration on Saturday, June 17th from 12:00 noon to 2:00 pm at Tolmie Park. Tolmie Park has recently gone through extensive upgrades and the community event will highlight many of the park improvements along with a cake cutting ceremony. Activities planned include: face painting, an inflatable obstacle course, Canada 150 activities, disc golf and pickleball demonstrations and a local food truck.

#### Cedar Hill Campus

The Arts Centre at Cedar Hill recently led a lantern workshop with Grade 3 students at Torquay Elementary School. The lanterns celebrate Canada150 and will be on display at Moon Festival in September. Three clients from the Garth Homer Centre also participated in the workshop.

In May, the Arts Centre hosted "Springboards to Careers in the Arts". Fifteen (15) middle school students from across SD61 participated in hands-on visual arts and ceramics activities, spoke with Arts Centre staff about careers in the arts, arts-related education after high school, and met with Main Gallery exhibiting professional artist Christine Reimer, who spoke with them about her

pathway through education and practice as a visual artist. The students were very engaged and the artist really enjoyed sharing her story with them.

On Sunday, June 11<sup>th</sup> two new records for green fee play were set at the Cedar Hill Golf Course... The first was 200 green fee players in a single day, and the second was a new daily revenue record of \$8,553.50 (without a tournament). This beats the previous record from May 23<sup>rd</sup>, 2016 of \$7,557.15. Welcomed good news following the worst winter in 50 years.

### Community Services



In partnership with School District 61, Youth Services co-hosted a School Leadership Conference at Mt. Doug Park on June 2<sup>nd</sup>. The event saw over 100 youth from high schools and middle schools work together to celebrate citizenship and inspire one another towards taking part in their own community's wellbeing. The focus was on re-connecting with nature and how youth can participate as stewards for their own parks and green spaces. A result of the event was a commitment from local youth to engage in a School-Park Stewardship Initiative, which will see elementary, middle and secondary schools matched with their local Saanich Park acting as stewards and involved in future park decisions. The conference and Stewardship Initiative is a great example of working collaboratively with community (SD61 schools/students, Saanich Parks Pulling Together volunteers) which supports strategic direction from the Youth Development Strategy (YDS).

Upside Teen Centre's kitchen was upgraded this spring to include an oven and exhaust fan! This is an exciting addition for the programs and services in this space and resulted from the YDS. Youth on Friday nights are excited about baking for their peers, and one of our user groups created a new lunch hour program where young adults with disabilities make lunch together. It is a wonderful asset for the community and an added resource for many groups.



### IPAL (Inter-generational Physical Activity Leadership)

This year's IPAL program has wrapped up with Torquay grade 5 students teaching chair aerobics classes at Luther Court in May. IPAL trains seniors and high school mentors, who in turn the grade 5 student leaders how to lead the games on the playground with their peers. This school year we ran two tri-ad partnership programs: (1) seniors group from St. Joseph's Community/Spectrum High School/Marigold Elementary and (2) Luther Court - Lambrick Park High School – Torquay Elementary.

Financial Assistance: The Saanich LIFE program (Leisure Involvement For Everyone) continues to support individuals and families living on a low income. The addition of the Regional access pass has provided another option for those to recreate. The Canadian Tire Jumpstart Charity program continues to assist hundreds of children living in a low income home to be physical engaged in ongoing activities, with year-to-date support sitting at over \$30,000 of funding. At this pace, it is anticipated that we will once again, surpass the previous year of funding allocated to support children in recreation. KidsFUNd, our internal funding source to assist those demonstrating financial need, will celebrate 6 years of operation supporting over 100 children since its inception. The annual KidsFUNd celebration day happens on July 9th supported by the Saanich Fire Charitable Foundation and Thrifty Foods Quadra/McKenzie held at the annual Strawberry Festival.

### **G.R. Pearkes Recreation Centre**

The Burnside Gorge Community Association Out of School Care Program is moving from Tillicum Elementary School to Pearkes for September 2017 as a result of the school's need for additional portables on site. This program provides affordable afterschool care for up to 20 children in the Tillicum neighbourhood. Their re-location will also allow for greater connections to options for physical activity in the Fieldhouse and on the ice through the winter months.

Pearkes is hosting the inaugural Pickleball tournament of the newly formed Victoria Regional Pickleball Association on June 16-18th. This group has formed to support the development of the sport through advocacy and planning for increased and improved playing surfaces, facilities and other opportunities. This tournament hosts a range of skill levels, age levels and partner classifications.

Pearkes is also hosting the Spectrum Community School Dry Grad Celebrations from 11:00 pm on June 27 to 5:00 am on June 28th. The overnight festivities include games and activities such as dodgeball, inflatable obstacle courses, a variety of food options, caricatures, movies, etc. This is a great connection to Spectrum as many students are involved in programs at Pearkes from skating lessons, hockey and the Backdoor Teen Centre.

The Green Rink at Pearkes is currently a "dry floor," without ice and hosting Saanich Lacrosse Association and the Victoria Minor Ball Hockey Association. The ice goes back in on July 4<sup>th</sup>.

### **Gordon Head Recreation Centre**

The steam room reconstruction is now well underway and completion is set for July 3<sup>rd</sup>. The river pool motor has reached end of life, so it will require a replacement – there is a 4 week wait on the motor, so it will be installed just prior to shutdown. The replacement pump will be upgraded to a variable motor, which will reduce the hydro “spike” when the motor is energized, and should result in overall hydro reduction. The annual maintenance shutdown will start June 19<sup>th</sup> and we re-open July 4<sup>th</sup>.

Accessibility upgrades will be completed during shutdown as well. We will be installing a new bed, as well as extending the WHISPA track to the hot tub. This is part of the Federal accessibility grant received in 2016.

Annually the Lifesaving Society presents lifeguards with opportunities to test their skills in fair and challenging environments. Lifeguard competitions provide the opportunity for lifeguards to learn new skills, and the public with the opportunity to watch the skills needed to be a lifeguard. On July 8<sup>th</sup>, Gordon Head Recreation will be hosting the opening competition of the 2017 season. Eight teams from around British Columbia will compete in four events.

### **Saanich Commonwealth Place**

SCP piloted a very well attended, “Seriously Fun Outdoor Military Style Fitness” Class for the very first time. Participants enjoyed a variety of competitive team building cardio games, as well as drills using kettle-bells, sandbags, tires and battle ropes.



The SCP 10 month pre-school program, which has over 70 families participating, has wrapped up for the year, celebrating their year-end concert with a Canada 150 theme.

Celebrating diversity of ages, cultures and abilities, including special needs, the REACH Performing Company, who practice weekly at SCP, were highlighted on the CTV news.  
(Link below)

<http://vancouverisland.ctvnews.ca/video?clipId=1143731&binId=1.1180928&playlistPageNum=1>

They recently performed at the Oak Bay Tea Party and will next perform at Sidney Days on June 30.

Swim to Survive Day BC was held at SCP on May 28<sup>th</sup>. This is a free event to teach youth aged 7 to 18 the necessary skills to survive an unexpected fall into a body of water. The program is offered by the Lifeguard Outreach Society, based in Kamloops. Five to ten core members travel across Canada to teach community oriented survival swimming.



Also on the pool side of the facility, SCP again hosted a number of meets in the pool including The VIR Swim Championships (June 2, 3, 4) with 300 athletes participating and the Oak Bay Orcas Swim meet (June 10 & 11) also with 300 swimmers.

Upcoming summer events:

Diving Junior Development Nationals – July 7, 8, 9

Sidney Piranhas Sprint Challenge – July 22 & 23

Midsummer Madness meet- August 5 & 6

Mad Moto Triathlon- August 13

Submitted by



Kelli-Ann Armstrong  
Senior Manager - Recreation

Approved by



Suzanne Samborski  
Director, Parks and Recreation

KA/ka