

Conversation Cafes

January - March 2012

Enjoy a safe and comfortable opportunity to explore meaningful & interesting topics through an engaging dialogue with other seniors. Meet new people and learn something interesting about yourself and others. A volunteer facilitator will start with introductions, the topic of the day and start the discussion off. No registration necessary. For more information call 250-370-5688 Ext 34682 or 250-475-5408

Hillside Seniors Health Centre, 1454 Hillside

Fri Jan 22 10:00-11:30am - New Years Resolutions

Do you believe in making hem or not? What will be one of your resolutions?

Sun Feb 5 2:00-3:30pm - Theatre, Music, Movies, Shows

What are some of your favourite shows and tunes and why..Do they make'em like they used to?

Fri Feb 24 10:00-11:30am If I Were Premier of BC for the day I would....

What would you change??

Sun Mar 4 2:00-3:30pm Planes, Trains and Automobiles

What is your favourite mode of travel? Some of your favourite places to see in the world are....

Fri Mar 23 10:00-11:30am Embrace Aging

The joys, the wisdom, the experience of aging! Is aging only for the old are we all aging....